



# Mashpee Recreation

- May 30 Memorial Day Ceremony
- June 4 Youth Fishing Derby
- June 24 Community Picnic & Fireworks
- Oct. 1 Oktoberfest
- Oct. 15 Rhiannon McCuish 5K Run/Walk



Summer  
2022





# MASHPEE SPECIAL EVENTS

## 2022!

### Memorial Day Ceremony

**Monday, May 30th, 10AM @ Mashpee Community Park and Veterans Garden**

Join us as we pay tribute and preserve the memory of the fallen.

### Youth Fishing Derby

**Saturday, June 4th from 9-11AM @ John's Pond, Back Rd. For kids ages 5 through 14 years of age.**

This is a chance for the young anglers to demonstrate their skills and have some fun. Trophies will be presented for the most inches caught in each age category (5-7), (8-10) & (11-14). Children must be accompanied by an adult. Fishing from the beach area only, no waders or boats.

**Bring your own fishing rod and we'll provide the bait.**

### Annual Mashpee Super Swim

**Saturday, June 11th, 9AM @ John's Pond Town Beach**  
1/2 mile, 1 mile and 3.1 mile open water swim event held at John's Pond. Chip timing will be used again this year!!

Fee: 3 mile & 1 mile \$45 pre-reg, 1/2 mile \$30

No day of registrations will be accepted

Register @ [www.streamlineevents.com/mashpee](http://www.streamlineevents.com/mashpee)

### Community Picnic and Fireworks

**Friday, June 24th 5:00PM @ Mashpee Middle/HS**  
**(Rain Date - June 25th)**

Join us for a fun filled night for the family! We will have live music, K-9 dog show, obstacle course, train rides, face painting and a fabulous display of fireworks at dark! Bring your own picnic dinner or carnival-type food will be available for purchase.

### Summer Concert Series

**Tuesdays, July 5th - August 23rd from 6:00 - 7:30PM**  
**@ Mashpee Community Park**

To view the weekly entertainment schedule go to:

[www.mashpeerec.com](http://www.mashpeerec.com)

*Sponsored by the Town of Mashpee*

**Free admission**

### Mashpee Oktoberfest

**Saturday, October 1st from 10AM - 4PM @ Mashpee Commons Green**

Join us for a full day of fun at Mashpee Commons Green. We'll have entertainment throughout the day which will include: The Vagabonds, dance groups, K-9 dog show, Irish Step Dancing, the keg toss, children's game, face painting, and crafts. We'll also have a variety of "Fair Style" food along with 50+ arts and craft vendors! Don't forget to visit our Bier Garten which will be serving up Bratwurst and beer.



**RHIANNON MCCUIISH**

**5K RUN / WALK**

**REGISTER TODAY!**

**Saturday, Oct. 15 @ 10:00AM sharp @**  
**Heritage Park**

3.1 mile loop beginning and ending at Heritage Park. Register ahead of time on [www.mashpeerec.com](http://www.mashpeerec.com) or register race day at Heritage Park from 8:30 - 9:30AM. Fee is \$30 or \$35 morning of race. Lunch to follow at Heritage Park for runners and families. All proceeds go towards supporting town youth programs.



# General Information

## **Recreation Department Staff Directory - Contact us - PHONE - (508) 539-1416**

**Mary K. Bradbury**, Director, mbradbury@mashpeema.gov

**Ashley Cunha** Child Care Coordinator, acunha@mashpeema.gov

**Lisa Larsson**, Administrative Secretary, llarsson@mashpeema.gov

**Carolyn Thompson**, Administrative Assistant (Kids Klub Childcare Center)  
cthompson@mashpeema.gov (508) 539-1417

**Lissa Ploszay**, Administrative Clerk, eploszay@mashpeema.gov

## **Helpful Phone Numbers**

Kids Klub Childcare Center - (508) 539-9361

KC Coombs Ext. Day Program - (774) 836-0627

Quashnet Ext. Day Program - (774) 836-0642

Mashpee Chamber of Commerce - (508) 477-0792

Mashpee Council on Aging - (508) 539-1440

Mashpee Department of Public Works - (508) 539-1420

Building/Field Use Scheduler - (508) 539-1420

Mashpee Town Hall - (508) 539-1400



## **Recreation Parks, Playgrounds, Fields & Beaches**

**Heritage Park** - Location: 524 Main St. (Route 130)

Facilities: softball/baseball fields, soccer/multi-purpose fields, basketball court, playgrounds (2), 1 at 524 Main St, 1 at 139 Ashumet Rd. (back of Heritage Park), walking path, splash pad

### **Beaches**

**South Cape Town Beach** - 500 Great Oak Road

Resident sticker required, weekly pass or Tribal sticker/ID

**South Cape State Beach** - Great Oak Road

\$15 daily fee (MA vehicle), \$40 (non-MA vehicle)

**Attaquin Park (Mashpee/Wakeby Pond)** - Lake Avenue

Resident sticker required, weekly pass or Tribal sticker/ID

Facilities: Playground, basketball court, charcoal grills, picnic area with tables

**John's Pond Town Beach** - Back Road

Resident sticker, active Military ID or weekly pass

Facilities: playground, picnic area with tables, charcoal grills

**Beach stickers and passes can be purchased at the town clerks office Monday-Friday, 8:30am-4:30pm or online.  
(stickers required late June 25th through Labor Day)**

## **Boat Landings**

### **State Boat Ramps**

**Mashpee/Wakeby State Boat Ramp** - Main Street

\$10 (Massachusetts license plate), \$15 (out-of-state plate)  
(fee collected on weekends and holidays beginning on Saturday of Memorial Day weekend through Labor Day)

**John's Pond State Boat Ramp** - Hooppole Road

(minimal parking, no fee collected)

### **Town Boat Landings**

**Fresh Water** - Ashumet Pond, John's Pond, Mashpee/Wakeby Pond, Santuit Pond

**Salt Water** - Popponesset Bay, Pirates Cove, Ockway Bay, Waquoit Bay

From June 15 through Labor Day, parking at the ramps is restricted to Mashpee resident vehicles with a permit (Boat Ramp, Transfer Station, Recycle or Recreation sticker needed). No trash receptacles, running water or toilets are provided. Mashpee Town Hall sticker office opens June 6 from 9AM-4PM.

# *Mashpee Recreation Scholarship Program*

**Recreation scholarships are for Mashpee  
Residents ONLY.**

## **MASHPEE RECREATION SUMMER CAMP:**

Camp Scholarship requests must be made through the Recreation Department: 520 Main Street. All applicants must complete a Financial Assistance Application and a summer camp application (providing all necessary documents with applications). You must register at the Recreation office. Please do this at the beginning of registration (usually mid-March) as we do not hold spots. There is no guarantee that you will receive a scholarship as they are given on a first-come, first-serve basis with priority going to those in the most need. Once decisions have been made, you will be notified by letter if you've been awarded a scholarship.

**Summer Camp & Financial Assistance  
Applications can found at  
[www.mashpeerec.com](http://www.mashpeerec.com) or you may pick one up at  
Mashpee Recreation Department  
520 Main Street  
Mashpee, MA 02649**



## **Inside this book....**

Special Events.....	Page 1
General Information.....	Page 2-3
Registration Information.....	Page 4
Childcare Programs.....	Page 5-6
Summer Day Camp.....	Page 7-8
Youth Programs.....	Page 9-14
Swimming Lessons.....	Page 15-16
Tennis Lessons.....	Page 17
Adult Programs.....	Page 18-19
Pickleball.....	Page 20-21
Registration Forms.....	Page 22

## **Non-Resident Discount Pass**

Available Now! **Mashpee Recreation is offering a Non-Resident Discount Pass** for households enrolling in our programs and events. With a paid \$50 Annual Membership (valid one year from date of purchase), Non-Resident participants pay the reduced rate offered residents only. You may purchase your membership online or call (508) 539-1416 to access your discount pass today!

## ***Mashpee Recreation mission...***

To meet the needs of our community by promoting quality educational programs, recreational activities, and special events that are designed to enhance personal growth, learning opportunities, and community development while focusing on the educational and recreational interests that influence our health and well-being.

Go to: [www.mashpeema.gov](http://www.mashpeema.gov)  
to access the Town's Community  
Calendar

# ONLINE REGISTRATION

www.mashpeerec.com

Mashpee Recreation Department provides online program registration. You will need a username and password in order to utilize the online registration system. ***If you receive a message saying "The phone number you provided already exists",*** please call the Recreation Office during regular office hours (Monday - Friday, 8:30am - 4:30pm) to receive your username and password, (508) 539-1416.

## Traditional Registration



**WALK IN**  
Recreation Office  
520 Main St.  
Monday - Friday  
8:30am - 4:30pm



**BY FAX**  
(508) 419-1161  
Use your MC/Visa  
Or Discover



**BY MAIL**  
To Recreation Dept.  
520 Main St.  
Mashpee  
MA 02649



## REFUND POLICY

### FULL REFUND FOR A CANCELLED CLASS BY THE RECREATION DEPT.

#### PROGRAMS CANCELLED BY PARTICIPANT

You may withdraw from a class up to 3 working days in advance of the starting date of that program and receive a refund minus a \$10 processing fee. No refunds will be given after this date (3 working days prior to the program).

### GENERAL INFORMATION

Register for members of your immediate family only.

### PAYMENT

Non Residents add \$10 per course.

By check, payable to: Town of Mashpee, Cash, Visa, MasterCard or Discover.

### AGE POLICY

Children must be the proper age on the FIRST DAY of class.

### COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its max. enrollment, you can place your name on the waiting list online or by calling the rec. dept., 508-539-1416. If a class does not meet the minimum number of participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending.

### MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

### SWITCHING/CHANGING CLASSES

You may switch a session/date for a another program/date. A \$10 processing fee will be assessed at the time of the request.

### PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.



# CHILDCARE PROGRAMS



## **KIDS KLUB PRESCHOOL & CHILDCARE CENTER**

**Owned & operated by the Town of Mashpee**

**Ages 15 mos. to 6 years**

The Kids Klub Childcare Center provides a safe, fun, affordable, not-for-profit preschool and daycare program for the benefit of the community. It is owned and operated by the Town of Mashpee Recreation Department. Through classroom activities, field trips, special projects and recreation time, your child will have the opportunity to be creative, challenged, form new friendships and learn social skills in a semi-structured, supervised, and nurturing atmosphere. We are accredited by the National Association for the Education of Young Children (NAEYC) and licensed by the Commonwealth of Massachusetts Department of Early Education and Care. Located at 501 Great Neck Rd. North.

### **DAYCARE (paid weekly)**

Daycare payments are due on the first day of each week.

### **Preschool + Daycare – full day program (ages 2.9 – 6)**

(\$53 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$106/week

3 days a week: \$159/week

4 days a week: \$212/week

5 days a week: \$265/week

Registration fee: \$75 non-refundable (includes field trips and special events)



### **Toddler Daycare (ages 15 mos. to 2.9 years)**

(\$58 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$116/week

3 days a week: \$174/week

4 days a week: \$232/week

5 days a week: \$290/week

Registration fee: \$75 non-refundable (includes field trips and special events)

**A registration form, medical/immunization records and a photo are required prior to admission.**

**Please call for availability (508) 539-9361.**



# EXTENDED DAY PROGRAM GRADES K - 6

Mashpee Recreation's Extended Day (Before and After School Care) Program is licensed by the Commonwealth of Massachusetts Department of Early Education and Care. We provide a safe, semi-structured, supervised, and nurturing environment for your child. Through free play, arts & crafts, recreational activities, and occasional field trips, your child will have the opportunity to be creative and form new friendships.

## Before School Care

**Grades K - 6**

**K - 2 Drop Off:** K.C. Coombs Cafeteria

**3 - 6 Drop Off:** Quashnet Cafeteria

**Hours:** 7:00 am - school begins (Quashnet students will be escorted to school by staff)

### **Tuition/Fees:**

2 Days per Week - \$85.00 / month

3 Days per Week - \$130.00 / month

4 Days per Week - \$175.00 / month

5 Days per Week - \$215.00 / month

**Registration fee:** \$35 non-refundable



## After School Care

**Grades K - 2:** K.C. Coombs Cafeteria

**Grades 3 - 5:** Quashnet School Cafeteria

**Hours:** Dismissal - 5:30 pm

### **Tuition/Fees**

2 Days per Week - \$110.00 / month

3 Days per Week - \$150.00 / month

4 Days per Week - \$200.00 / month

5 Days per Week - \$250.00 / month

**Registration fee:** \$35 non-refundable



(If a child is enrolled in both the Before AND After School programs, the maximum registration fee is \$35 for both programs)

A minimum 2 day enrollment is required for each program. The program follows the Mashpee School Calendar and will be in session every day while school is in session. For early dismissal days, the After School Care program runs from dismissal until 5:30 p.m. Mashpee Recreation runs a separate "Vacation Club" program for certain holidays and/or teacher professional development days. A separate fee and registration are required for that program.

**A completed Before/After School Care registration packet, current photo and fee must be received by the Town of Mashpee Recreation Department prior to your child attending.** If you have further questions, feel free to contact us.

# Mashpee Rec Summer Camp

## *Camp Philosophy, History and Staff*

Our summer day camp provides a safe environment for children to learn valuable skills and make new friends through programs that are challenging, educational, and fun. Our goal is to create a space for young people to learn how to work together as a team while gaining confidence in their unique abilities as individuals and to encourage an awareness of the environment and an appreciation of nature. Through games, sports, field trips, nature hikes, special events, swimming, arts & crafts, and water activities, the children are given the opportunity to learn, explore and develop the sense of wonder and adventure that create memories for a life time. We comply with the regulations set by the Massachusetts Board of Health and are permitted by the Mashpee Board of Health. Mashpee Rec summer camp has been in existence for over 20 years. Each counselor is certified in CPR and First Aid and CORI/SORI checked prior to employment. We have our own lifeguard dedicated to just our campers and a low counselor/camper ratio of 1:10. **Camp will be held at the K.C. Coombs School, 152 Old Barnstable Road**

<b>Week 1: Summer Splash</b> (Field Trip to Water Wizz - All campers) (Mini-golf - Navigators)	<b>June 27 - July 1</b>
<b>Week 2: Rock and Roll</b> (Field Trip to Dave & Busters - All campers) (Field Trip to Movie Theatre - Navigators)	<b>July 5 – 8</b>
<b>Week 3: Mischief &amp; Make Believe</b> (Field Trip to Funz - All campers) (Field Trip to United Skates - Navigators)	<b>July 11 – 15</b>
<b>Week 4: Olympics Week</b> (Field Trip to Pinz - Voy./Adv./Exp.) (Field Trip to Funz & Codzilla - Navigators)	<b>July 18 – 22</b>
<b>Week 5: Maritime Mayhem</b> (Field Trip to Battleship Cove - All campers) (Field Trip to Martha's Vineyard - Exp./Nav.)	<b>July 25 – 29</b>
<b>Week 6: Animal Adventures</b> (Field Trip to Franklin Park Zoo - All campers) (Field Trip to Pinz - Navigators)	<b>Aug 1 – Aug. 5</b>
<b>Week 7: Summer Safari</b> (Field Trip to Water Wizz - All campers) (Field Trip to Nova - Navigators)	<b>Aug 8 – Aug. 12</b>
<b>Week 8: The Final Fun-tier</b> (Field Trip to Edaville - Voy. & Adv.) (Field Trip to Canobie Lake Park - Navigators)	<b>Aug 15 - Aug. 19</b>

### How to Register:

**Registrations** are accepted online @ [www.mashpeerec.com](http://www.mashpeerec.com) or at the Recreation Office located at 520 Main Street, Mashpee, MA with all required documents (Current physical within 18 months, immunization record and a photo).

You may download an application at [www.mashpeerec.com](http://www.mashpeerec.com) or stop by the Recreation Dept. for one.

**Camp Fee: \$175/week (8:30am-4:30pm) or \$210/week to include** extended day hours. This covers both am & pm, (starting at 7:30am and ending at 5:30pm)

**Deposit of \$50 (non-refundable )** is required for each week and applied towards the balance.







# Summer Camp



Our campers are grouped by grade. Activities are geared towards their interests, skills developmental level and weekly camp themes. Each session, 3 times per week ( M,T & F), campers will enjoy trips to various beaches in Mashpee, Sandwich and Falmouth as well as trips to the splash pad and Polar Cave. Tuesdays will be filled w/ tons of activities at the school ranging from visits from The Coastal Explorer trailer, to Obstacle Courses and Scavenger Hunts. Wednesdays and Thursdays will be field trip days and Fridays are camp cookouts at the beach. Schedule is subject to change throughout the summer.

## *Voyager Camp (Gr. 1 & 2)*

(must have completed kindergarten)

- ◆ Camp songs and games
- ◆ Arts and crafts
- ◆ Sports and water activities
- ◆ Nature hikes / picnics
- ◆ Special Visitors
- ◆ Field Trips (1 per week)

## *Adventure Camp (Gr. 3 & 4)*

- ◆ Hiking /Exploring
- ◆ Archery
- ◆ Field Trips (1 per week)
- ◆ Special Visitors

Camp is held at the K.C. Coombs School

## *Explorer Camp (Gr. 5 & 6)*

- ◆ Hiking/Exploring
- ◆ Swimming and Water Activities
- ◆ Field Trip (1-2 per week)
- ◆ Special Visitors
- ◆ Sports / Games
- ◆ Archery

## *Navigator Camp (Gr. 7 & 8)*

- |                                 |                |
|---------------------------------|----------------|
| ◆ Hiking/Exploring              | Sports / Games |
| ◆ Swimming and Water Activities | Archery        |
| ◆ Field Trip (2 per week)       | Beach trips    |

### *For Campers in Grades 1 - 8*

*\*Beach trips to John's pond, Snake pond, Old Silver Beach, Nobska, Good Will Park, Woods Hole and the Splash Pad are planned as well as Picnic's at the Mashpee Community Park, Bowling and visits to our local Police and Fire Departments.*

## Pre-school Summer Camp

4 - 5 year old

(Your child must be 4 years old as of 1/ 1/2022)

Days: Monday - Friday

Time: 9AM - 12PM

Fee: \$75 per session

Deposit: \$25 (subtracted from the balance)

Children will stay on site most days. Local field trips may include the splash pad, library, police/fire dept.

## *CIT Camp (Gr. 8 & 9)*

Our Counselor In Training Program is for teens who enjoy working with younger children and aspire to one day become a camp counselor ! Emphasis is placed on developing skills, sensitivity to children and their needs and program skills. Those interested in being considered as a candidate for this program must complete the application process, which includes references and an interview. Please call Mashpee Recreation at 508-539-1416 to get started !

(4 week minimum)



# YOUTH PROGRAMS

## Youth Kayak & Stand Up Paddleboarding

**Ages 8 - 14.**

**Instructor: RideAway Kayak Staff**

RideAway Kayak & SUP offers a very active and beginner friendly experience for their students. Paddleboarding is a new sport sweeping the East Coast and RideAway has been offering lessons and clinics for the last four years. RideAway introduces necessary skills and information to those who have never worked with Kayaks or Stand Up Paddle Boards, but also develops more advanced techniques and skills with those that have some experience with either activity. Outside of the key fundamentals and body mechanics for each sport, we incorporate different competitions, group activities, and information about Cape Cod's wild life and preservation information. RideAway Kayak & SUP's goal is to create an active, welcoming and informational environment for students to experience the beauty of nature and the joy of an active lifestyle.

**Location: Ryder Woods Conservation (Mashpee/Wakeby Pond, off South Sandwich Road)**

**4 days/session Min/Max: 6/12**

S#	Days	Times	Dates	Fee
1	M-Th.	12:30-3:30pm	July 11-14	R \$130
2	M-Th.	12:30-3:30pm	July 18-21	R \$130
3	M-Th.	12:30-3:30pm	July 25-28	R \$130
4	M-Th.	12:30-3:30pm	Aug. 1-4	R \$130
5	M-Th.	12:30-3:30pm	Aug. 8-11	R \$130
6	M-Th.	12:30-3:30pm	Aug. 15-18	R \$130
7	M-Th.	12:30-3:30pm	Aug. 22-25	R \$130

**Note: Friday will be used as a make-up day for inclement weather**



## Junior Golf Camp

**For ages 7 - 10 and 11 - 14.**

**Instructor: Rick Johnson, PGA**

**Rick is a 41 Year PGA Member, NE Section Pro of the Year, 2016 NE PGA Player Development Pro of the Year, Paul Harney Golf Professional.**

Our Junior program will cover all aspects of the game, including Clubs, Full Swing and Short Game. Our focus will be on the fun of the game and the challenge of improvement.

**Week One:** Full Swing Instruction, Woods-Iron-Hybrids, Golf Exercise - Rules - Etiquette

**Week Two:** Full Swing Review, Short Game Instruction, Golf Exercise - Rules - Etiquette

**Week Three:** Full Swing - Short Game Review, Golf Exercise - Rules - Etiquette, Play 2 Range Holes

**Note: Clubs are provided if needed**

**Location: Harney Golf Club**

**3days**

**Min/Max: 4/10**

**Ages 7 - 10**

Code	Day(s)	Time	Dates	Fee
AA	Sun.	9:00-10:30am	June 5, 12, 19	\$159
AB	T	9:00-10:30am	July 5, 12, 19	\$159
AC	T	9:00-10:30am	Aug. 2, 9, 16	\$159

**Ages 11 - 14**

Code	Day(s)	Time	Dates	Fee
BA	Sun.	11:30am-1:00pm	June 5, 12, 19	\$159
BB	T	12:00pm-1:30pm	July 5, 12, 19	\$159
BC	T	12:00pm-1:30pm	Aug. 2, 9, 16	\$159

## S'mores Tour - Family Fun Kayak Tour at Lawrence Pond, Sandwich

**Children 12 & under and their parent(s)/guardian.**

**Instructor: RideAway Adventures**

Family Fun Kayak Tour at Lawrence Pond followed by a bonfire and a s'more making gathering! There will be adventures, games, environmental education and yummy treats! **All family members must be registered.**



**Location: Lawrence Pond, 117 Stowe Road, Sandwich**  
**1 evening Min: 2**

Ses. #	Days	Time	Dates	Fee
1	T	5:00-7:30pm	July 12	R \$60
2	T	5:00-7:30pm	Aug. 9	R \$60



## Boxing for Kids

For youth ages 8 - 14.

**Coaches:** Forte Fitness Instructors

These classes will teach proper boxing technique, including agility and strength training, emphasizing the importance of mental focus and self-discipline, and provide a safe and fun environment for learning how to strike! In a supportive group, led by dedicated coaches, your child will build as much confidence and self-esteem as they will strength and technique.

**Note:** participants will be divided into younger and older age groups for the class.

**Location:** Forte Fitness, 865 Attucks Ln., Hyannis  
6 sessions + 7/23 (Fun event day for both classes, 1 hour from 11AM-12PM)

Min/Max: 8/16

Grade	Days	Times	Dates	Fee
4-9	M	4:30-5:20pm	June 6-July 23	\$105
4-9	W	4:30-5:20pm	June 8-July 23	\$105

(No class 4th of July week)

## Ninja Class

For youth ages 8 - 14.

**Coaches:** Forte Fitness Instructors

In our classes, children will learn about obstacle course racing, receive instruction on proper technique, participate in cardiovascular and strength-building activities, and have plenty of time to enjoy our ever-growing array of obstacles. Ninja classes are not only FUN, they aid in building self-esteem, confidence, and a sense of accomplishment. Our structured classes help children improve their self-control and experience the importance of discipline.

**Note:** participants will be divided into younger and older age groups for the class.

**Location:** Forte Fitness, 865 Attucks Ln., Hyannis  
6 sessions + 7/23 (Fun event day for both classes, 1 hour from 12PM-1PM)

Min/Max: 8/16

Grade	Days	Times	Dates	Fee
2-9	T	4:00-4:50pm	June 7-July 23	\$105
2-9	T	7:00-7:50pm	June 7-July 23	\$105

(No class 4th of July week)



## Challenger International Soccer Camp

For youth ages 3-14.

**Coaches:** Challenger Sports

USA'S small-sided. France's possession. Brazil's creativity. Britain's speed, power & fitness. Spain's passing & moving. Challenger's International Soccer Camp is the combination of the most popular training sessions from the worlds top soccer nations: Brazil, England, France, Spain, and the U.S.! Sessions will be led by a team of experienced International coaches and will be integrated with Challenger's iChallenge training app, which will help players develop skills and creativity.

**Current physical and immunization record is required at time of registration for children ages 7-14.**

**Location:** Heritage Park, 524 Main St. (Rec. area #2, near pavilion) 5 days

Ages	Days	Times	Dates	Fee
3-6	M - F	8:30-9:15am	July 11-15	R \$85
7-14	M - F	9:30am-12:30pm	July 11-15	R \$160
7-14	M - F	9:30am-4:00pm	July 11-15	R \$210

## 4-Day Explosive Summer Skills Basketball Clinic

Youth ages 6 - 14.

**Coaches:** Premier Hoops

Premier Hoops is the #1 Basketball Skills Training Program in MA! Our explosive 4-day mini summer clinics will take your child's game to the next level! Each day, the coaches will spend individualized time teaching all the true fundamentals of the game: Ball-handling, passing, defense, shooting, and much more! Each action-packed 2 hour session will feature making new friends, playing fun games and doing unique skills challenges & competitions. This program is so fun, your child will be asking to come back every time!

**Location:** Mashpee Middle/High School  
4 days Min/Max: 10/24

Ages	Day	Time	Date	Fee
Ages 6 - 9	M-Th.	9:00-11:00am	Aug. 1-4	\$205
Ages 10-14	M-Th.	11:00am-1:00pm	Aug. 1-4	\$205





## Mermaid Swim Lessons for Merkids



Youth ages 8 - 12.

**Instructor:** Linda Holmes (MerLin), Owner of the Maine Mermaid LLC, is a Certified Red Cross Swimming Instructor, a Fin Fun Mermaid U Affiliate, and is CPR-AED Certified.

Sons and daughters of Triton come and be your powerful Aquaman or Ariel in the mermaid swim class! Learn skills, tricks, bubble bending, and more in a structured class that will encourage, strengthen and challenge you to be all the MerKids you can be. The class includes a safety segment, musical warm-up, aquatic exercises, shallow and deep water skills, breathing skills, underwater swimming, routines, games and more. The classes are progress in skill building. A certified and enthusiastic instructor (mermaid) will swim right beside you. A mermaid tail and fin is provided for use in class. Register early (2 weeks prior to the starting date) to ensure a fin/tail is available for your use for the first class.

**Bring a towel and goggles, if needed.**

### **Prerequisites:**

1. Be relaxed in a back float
2. Front float
3. Roll from front to back
4. Tread water for 1 minute
5. Swim 25 yards/meters unassisted

**Location:** Mashpee/Wakeby Pond, Lake Ave.

**5 classes**

**Min/Max: 5/12**

<u>Days</u>	<u>Times</u>	<u>Dates</u>	<u>Fee</u>
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T	9:00 - 10:00am	July 5 - Aug. 2	\$110
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**Registration deadline: June 20th**

**Do you have a class idea?** Please email ideas/suggestions to: [recreation@mashpeema.gov](mailto:recreation@mashpeema.gov)

Are you skilled at a particular sport or activity? If you are interested in offering a recreational class for children, teens or adults please contact us! Call (508) 539-1416 or email: [recreation@mashpeema.gov](mailto:recreation@mashpeema.gov)

## Fresh-Water Family Fishing Instruction

Youth ages 7 & up and parents, grandparents, etc.

**Instructor:** MA Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the *Mass Wildlife* Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics from casting out, to baiting up. And the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun!

**Children must be accompanied by an adult.**

**Rods & bait are provided.**

**Location:** John's Pond Town Beach, Back Rd.

**1 day, 2 hours**

**Min: 12**

<u>Days</u>	<u>Times</u>	<u>Dates</u>	<u>Fee</u>
T	6:00-8:00pm	July 26	Free

**Note:** you must register for this class ahead of time @ [www.mashpeerec.com](http://www.mashpeerec.com) or by filling out the form in the back of this booklet.



## Youth Sailing Lessons

**Ages 9 - 13.**

Our small group combines both beginner and intermediate levels. Now is the time to think about signing up your son or daughter, grandson or granddaughter. Classes will be taught by a US Sailing Certified Instructor aboard our American Daysailer 15. Each session will consist of classroom instruction and on-the-water drills taught to US Sailing Standards.

Prerequisite: All participants must be able to swim at least 50 yards.

Please bring water, snack, hat, sunscreen, non-skid water shoes and a type III PFD Life Jacket (will be provided if you don't have one).

**Location: John's Pond**

**Length: July session 7 lessons, Aug. session 6 lessons**

**Min/Max: 3/4**

Days	Times	Dates	Fee
T/Th.	12:00 - 4:00pm	July 7-28	R \$240
T/Th.	12:00 - 4:00pm	Aug. 2-18	R \$210



## Youth Archery (Beginner/Advanced Beginner)

**Youth entering grades 6 - 12.**

**Instructor - Phil Gormley**

Archery is a really fun individual sport for adults and youngsters alike. You will learn the basics:

- How to properly load an arrow onto a bow
- How to release an arrow when shooting
- How to adjust your aim
- How to extract an arrow from your target
- How to keep score

Safety will be stressed at all times. Whistle commands will be used by your instructor during the class. Certificates will be awarded for getting a bulls-eye and/or for achieving National Field Archery Association classifications.

No personal bow use will be allowed. Only bows supplied by the instructor can be used. **No family pets allowed.**

**Location: Mashpee Town Hall Field (out back)**

**6 weeks**

**Min/Max: 4/8**

Days	Times	Dates	Fee
W	5:00-6:00pm	July 13-Aug. 17	R \$85

## Outside the Lines

**Youth entering grades 1 - 6.**

**Instructor: Fun 4 All Program Instructor**

Join us this summer for a unique and exciting art experience! Our art program will focus on exploring art through different mediums. Watercolor, collage, vision boards, and tissue art are just some of the different ways we will express our creativity through this action-packed week. This week's themes are foil painting and splatter painting, and each student will be asked to make at least one artwork using each theme! Our instructors will also give brief art lessons to teach students about some famous painters and their artwork. And when it is time for the art break, students will be playing games and having fun with new friends!

**Bring a bottle of water to class each day & a snack.**

**Location: Mashpee Middle/High School**

**4 days**

**Min/Max: 8/30**

Days	Time	Dates	Fee
M-Th.	8:30 - 12:30	Aug. 1 - 4	R \$195

## Slime Week

**Youth entering grades 1 - 6.**

**Instructor: Fun 4 All Program Instructor**

Our popular Slime Week teaches students the basics of how to make their own slime, and then shows students some of the most popular and trending slime recipes. Some of the slime is even edible! Our coordinators show students the latest slime tips and tricks and encourage creative thinking and working with friends. Students can customize their own slime by adding colors, scents, and textures. Once the slime is made, students can mold and play with their new creations. Slime Week lets kids get their hands dirty and have fun, but leaves the mess in the classroom and out of the car and home!

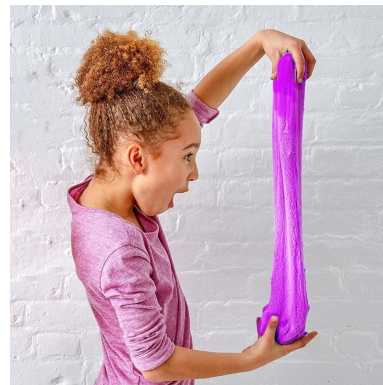
**Bring a bottle of water to class each day & a snack.**

**Location: KC Coombs School**

**4 days**

**Min/Max: 8/30**

Days	Time	Dates	Fee
M-Th.	8:30am-12:30pm	July 11 - 14	\$195





### **Mashpee Jr. Police Academy**

**For youth entering grades 3 - 6.**

**Instructors: Mashpee PD Officers**

This program will consist of discussions on daily police duties, safety, and various other topics. Each day we'll try to combine time in the classroom with an activity. Activities include: checking out a police car, taking a tour of the station, K-9 Demo, a fitness challenge and obstacle course.

**Location: Mashpee Police Dept, 19 Frank Hicks Drive**  
**3 weeks, 6 sessions**                      **Min/Max: 5/12**

<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>	<b>Fee</b>
T/Th	10am-Noon	July 12 - 28	R \$25

### **Jr. Firefighters**

**For youth ages 3 - 6.**

**Instructors: Mashpee FD Staff**

Come to the place where our hometown heroes spend their time. In this program children will tour the fire station. Come see where the Firefighters eat, sleep and work. See what they dress in, how an ambulance works, see the brush truck and the fire engine. Finally, to end the tour you'll be able to squirt a real fire hose!

**Note: Parents must accompany their child(ren) during the class.**

**Location: Mashpee Fire Dept, 20 Frank Hicks Drive**  
**1 hour class/session**                      **Min/Max: 3/10**

<b>S#</b>	<b>Day</b>	<b>Time</b>	<b>Date</b>	<b>Fee</b>
1	W	10-11:00am	July 13	R \$10
2	Tues	10-11:00am	Aug 2	R \$10

### **Let's Go Clamming!!**

**For youth ages 5 - 12.**

**Instructor: Christine Mone**

This is a fun-filled class teaching students the different types of shellfish, how they grow, and the techniques used for clamming. We will dig and rake for various shellfish. Participants can take home the treasures they find! Equipment will be provided. Includes a free shellfish gauge & recipes!

**Please wear water shoes, bring a snack, drink, towel & a bucket. Parents welcome to stay.**

**Location: Seconsett Island Causeway (Mooring Field)**

**Directions:** Off Route 28 go left on Metoxit (at Cumberland Farms), make slight right on Meadow Neck, go over bridge and park on left, beach is on the right. Please be sure to get a placard from the instructor to place on your dashboard if you plan on staying for the class.

**1 class/session**                      **Max: 10 (parents welcome to stay)**

<b>S #</b>	<b>Day</b>	<b>Time(s)</b>	<b>Date(s)</b>	<b>Fee</b>
1	W	11:00am-12:30pm	July 20	R \$15
2	W	9:00-10:30am	Aug 3	R \$15





## **Mad Science - Eureka: The Inventors Activity Week**

**For youth ages 6 –12.**

Children will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all - their mind. With a little bit of ingenuity children will create catapults and forts, construct working light sticks to take home and assemble a set of circuits with batteries and light bulbs. While inspiration and 90% perspiration, this activity week is 100% FUN!

**Please bring water and a snack, sunscreen and a hat**

**Location: Heritage Park Pavilion, 524 Main St.**  
(drive to the middle parking lot and look for the new pavilion towards the back of Heritage Park)

**1 week Min/Max: 8/14**

<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>	<b>Fee</b>
M-F	1:00 - 4:00pm	July 25 - 29	R \$170

## **Baby Sitter's Course**

**For ages 11+.**

**Instructor: Mary Nielsen**

This 4-H certified course provides the new or veteran sitter with an up-to- date lecture series on this subject matter. We will refresh veteran sitters and provide the skill training for new sitters. Topics include responsibilities, fire prevention, home safety, first aid, entertainment, nutrition, and much more. Class participation is essential and assignments and quizzes are a major factor in successful completion of this course. Please bring lunch and a snack (**peanut-free**). **Participants must attend both sessions and complete the Magic Bag project in order to receive their certificate.**

**Note:** Bring writing material and notebook to first class, note taking is very helpful.

**Location: Mashpee Middle/High School**  
**2 days Min/Max: 6/12**

<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>	<b>Fee</b>
W & Th.	8:30am –12:30pm	Aug. 3 & 4	R \$60



## **Horseback Riding Workshop**

**For ages 5 and up.**

<b>Time</b>	<b>Day</b>	<b>Date</b>
1:00 - 4:00pm	Saturday	Year-Round

Fee: \$60 per day  
Contact and register directly with Maushop Equestrian Center @ Cape Cod Farm and Forge 508-477-1303



## **Horseback Riding School**

**Ages 5 and up.**

**Instructor: Ms. Robin Blakeman and Staff**

Maushop Equestrian Center will provide a fun and educational riding school that provides children the unique opportunity to participate in this equestrian activity. This course will teach the basics of horsemanship and all levels of riders are welcome. We'll tailor the instruction to your ability. English and Western saddle instruction. Safety equipment is furnished. Three day or four day per week sessions are available, see dates listed below.

**Program runs from 9:00am - Noon**

<b>S#</b>	<b>Day &amp; Dates</b>	<b>Fee: Res</b>
1	Tues July 5 - Friday July 8	\$220.00
1	Tues July 5 - Thursday July 7	\$165.00
2	Tues July 12 - Friday July 15	\$220.00
2	Tues July 12 - Thursday July 14	\$165.00
3	Tues July 19- Friday July 22	\$220.00
3	Tues July 19- Thursday July 21	\$165.00
4	Tues July 26 - Friday July 29	\$220.00
4	Tues July 26 - Thursday July 28	\$165.00
5	Tues August 2 - Friday August 5	\$220.00
5	Tues August 2 - Thursday August 4	\$165.00
6	Tues August 9 - Friday August 12	\$220.00
6	Tues August 9 - Thursday Aug 11	\$165.00
7	Tues Aug 16 - Friday August 19	\$220.00
7	Tues August 16 - Thursday Aug 18	\$165.00
8	Tues August 23 - Friday August 26	\$220.00
8	Tues August 23 - Thursday Aug 25	\$165.00
9	Tues August 30 - Friday Sept 2	\$220.00
9	Tues August 30 - Thursday Sept 1	\$165.00

Single day sign up is available for \$60. Snack included.

**Location: Maushop Equestrian Center @ Cape Cod Farm & Forge, 31 Quashnet Road, Mashpee**

# SWIM LESSONS

**Levels and skills are categorized in the following ways:**

## **Intro to Water Skills - Level 1**

**For 2 & 3 year olds with a parent & 4 year olds & up without a parent.**

**Class is limited to 6.**

Skills that will be taught in level 1: enter & exit the water using a ramp, steps or side, blow bubbles for 3 seconds, bobbing 5 times, open eyes under water and retrieve submerged objects, front & back glide, back float, roll from front to back, treading water arm and hand actions, alternating and simultaneous leg and arm actions on front & back, combined arm and leg actions on front and back.



## **Fundamentals - Level 2**

**For children ages 4 & Up. Prerequisite - Must have had conquered all the milestones listed in Level 1. Class is limited to 6.**

Skills that will be taught in level 2: enter & exit the water using a ramp, steps or side, fully submerge and hold breath, bobbing 10 times, open eyes under water and retrieve submerged objects, front & back glide, back float, roll from front to back, treading water for 15 seconds, change direction of travel while swimming on front and back, combined arm and leg actions on front and back, finning arm action on back.

## **Stroke Development - Level 3**

**For children ages 5 & up. Prerequisite - must have successfully passed Level 2.**

Skills that will be taught in level 3: jump into deep water from the side, submerge and return to the side, headfirst entry from the side in seated kneeling positions, bobbing while moving to safety, rotary breathing, survival float for 30 seconds, back float for 1 minute, change from vertical to horizontal position on front and back, push off in streamlined position on front, then begin kicking, swim the front crawl for 15 yards, swim the elementary backstroke for 15 yards, flutter, scissors, breaststroke, and dolphin kicks.

## **Stroke Improvement - Level 4**

**For children ages 6 & up. Prerequisite - must have successfully passed Level 3.**

Skills that will be taught in level 4: Headfirst entry in compact and stride positions, feet first surface dive, swim underwater, tread water, using 2 different kicks, survival swimming for 1 minute. Swim strokes that will be taught: front crawl for 25 yards, elementary backstroke for 25 yards, breaststroke for 15 yards, back crawl for 15 yards, butterfly for 15 yards, sidestroke for 15 yards, open turns on the front and back, flutter and dolphin kicks on back, push off in streamlined position on back, then begin kicking.

## **Stroke Refinement - Level 5**

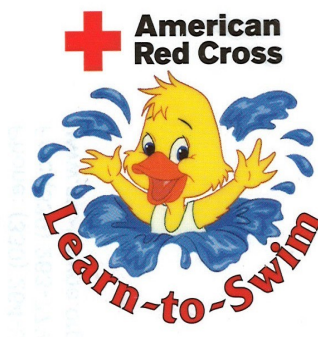
**For children ages 6 & up. Prerequisite - must have successfully passed Level 4.**

Provides further coordination and refinement of strokes.

## **Swimming and Skill Proficiency - Level 6**

**For children ages 6 & up. Prerequisite - must have successfully passed Level 5.**

Refines the strokes so participants swim with ease, efficiency, power and smoothness over greater distances.



# American Red Cross - Learn to Swim Lessons

We will be using the **American Red Cross Learn-To-Swim Program**. This will help your child become a better and more proficient swimmer. It is designed to give swimmers of all ages and abilities water safety skills as well as being a positive learning experience. Learn-to-swim teaches aquatic and safety skills in a logical progression.

For children ages 2 through 14.

We will be offering three, two-week sessions, **6 classes per session**.

Lessons will be 30 minutes long and be held on M/W/F, except for Session 1, see below.



**Session #1 - Please note class will be held W/Th/F the 1st week b/c of the 4th of July and M/W/F the 2nd week)**

Code	Days	Dates	Level	Age	Times	Fee	Location
AA	M / W / Th / F	July 6 - 15	Level 4	6 & up	9:00 - 9:30am	R \$25/NR \$35	John's Pond
AB	M / W / Th / F	July 6 - 15	Level 3	5 & up	9:40 - 10:10am	R \$25/NR \$35	John's Pond
AC	M / W / Th / F	July 6 - 15	Level 2	4 & up	10:20 - 10:50am	R \$25/NR \$35	John's Pond
AD	M / W / Th / F	July 6 - 15	Level 1	4 & up	11:00 - 11:30am	R \$25/NR \$35	John's Pond
AE	M / W / Th / F	July 6 - 15	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$25/NR \$35	John's Pond

## Session #2

Code	Days	Dates	Level	Age	Times	Fee	Location
BA	M / W / F	July 18 - 29	Level 5/6	6 & up	9:00 - 9:30am	R \$25/NR \$35	Mashpee/Wakeby
BB	M / W / F	July 18 - 29	Level 3	5 & up	9:40 - 10:10am	R \$25/NR \$35	Mashpee/Wakeby
BC	M / W / F	July 18 - 29	Level 2	4 & up	10:20 - 10:50am	R \$25/NR \$35	Mashpee/Wakeby
BD	M / W / F	July 18 - 29	Level 1	4 & up	11:00 - 11:30am	R \$25/NR \$35	Mashpee/Wakeby
BE	M / W / F	July 18 - 29	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$25/NR \$35	Mashpee/Wakeby

## Session #3

Code	Days	Dates	Level	Age	Times	Fee	Location
CA	M / W / F	August 1 - 12	Level 6	6 & up	9:00 - 9:30am	R \$25/NR \$35	John's Pond
CB	M / W / F	August 1 - 12	Level 4	6 & up	9:40 - 10:10am	R \$25/NR \$35	John's Pond
CC	M / W / F	August 1 - 12	Level 2	4 & up	10:20 - 10:50am	R \$25/NR \$35	John's Pond
CD	M / W / F	August 1 - 12	Level 3	5 & up	11:00 - 11:30am	R \$25/NR \$35	John's Pond
CE	M / W / F	August 1 - 12	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$25/NR \$35	John's Pond



*Tennis is a wonderful sport for a lifetime! Getting solid fundamentals as a youngster builds the strokes into our muscle memory, develops footwork that cross trains for all sports, and finely tunes hand/eye coordination.*

**Tennis Program:** USTA endorsed Community Tennis Association for Mashpee & surrounding area.

**Please bring a racket, water/sports drink, towel, hat, sunglasses and sunscreen.**

**Location:** Mashpee Middle/HS tennis courts      **Min/Max:** 5/8  
**Instructor:** Kathryn Olson, USPTA certified teaching professional



### **Beginner - Advanced**

**Boys & girls ages 4 - 11.**

Creating passionate young players through enthusiastic, dynamic teaching while developing solid stroke fundamentals & footwork. Players will be grouped by their level of experience. **No lesson July 4th.**

Code	# of lessons	Age	Days	Time	Date	Fee
AA	5	5 - 11	M / W / F	8:00 - 9:00am	June 27 - July 8	R \$65
AB	6	5 - 11	M / W / F	8:00 - 9:00am	July 11- 22	R \$78
AC	6	5 - 11	M / W / F	8:00 - 9:00am	July 25 - Aug. 5	R \$78
AD	3	5 - 11	M / W / F	8:00 - 9:00am	Aug. 8 - 12	R \$39
AE	4	4 - 8	Saturday	11:00am - 12:00pm	June 25 - July 16	R \$52
AF	4	4 - 8	Saturday	11:00am - 12:00pm	July 23 - Aug. 13	R \$52

### **Beginner / Intermediate**

**Boys & girls ages 12 - 18.**

Development of superb groundstrokes, volleys, overhead, serve and footwork. As students progress they will focus on point construction, movement and mental toughness while continuing to strengthen form and footwork to be confident, passionate competitive players. **No lesson July 4th**

Code	# of lessons	Age	Days	Time	Date	Fee
BA	5	12 - 18	M / W / F	4:00 - 5:00pm	June 27 - July 8	R \$65
BB	6	12 - 18	M / W / F	4:00 - 5:00pm	July 11 - 22	R \$78
BC	6	12 - 18	M / W / F	4:00 - 5:00pm	July 25 - Aug. 5	R \$78
BD	3	12 - 18	M / W / F	4:00 - 5:00pm	Aug. 8 - 12	R \$39

### **Advanced Intermediate / Advanced**

**Boys & girls ages 12 - 18.**

Development of superb groundstrokes, volleys, overhead, serve and footwork. Advanced students will focus on point construction, movement and mental toughness while continuing to strengthen form and footwork to be confident, passionate competitive players. **No lesson July 4th.**

Code	# of lessons	Age	Days	Time	Date	Fee
CA	5	12 - 18	M / W / F	5:00 - 6:00pm	June 27 - July 8	R \$65
CB	6	12 - 18	M / W / F	5:00 - 6:00pm	July 11 - 22	R \$78
CC	6	12 - 18	M / W / F	5:00 - 6:00pm	July 25 - Aug. 5	R \$78
CD	3	12 - 18	M / W / F	5:00 - 6:00pm	Aug. 8 - 12	R \$39



# ADULT PROGRAMS

## Mermaid Swim Class (Level 1)

For teens & women ages 15 & up.

**Instructor:** Linda Holmes, Owner of The Maine Mermaid

**Linda is a Certified Red Cross Swimming Instructor, a Certified AFAA Group Exercise Instructor, a Fin Fun Mermaid U Affiliate and CRP-AED Certified**

Explore your inner Mermaid! The Maine Mermaid LLC is pleased to bring a mermaid swim program to Mashpee.

This full body exercise will work your core, strengthen your muscles and have you gliding through the water in a mermaid tail and fin in no time. A feel-good class for women of all ages (15+) and includes a musical warmup, aquatic exercises, shallow and deep end water skills, breathing skills, underwater swimming, and routines. The classes are progressive in skill building. A Certified and enthusiastic instructor (mermaid) will swim right beside you. A mermaid tail and fin will be provided for class.

**Note: Register early to ensure a fin/tail arrives for you to use before the first class.**

**Prerequisite: Must be able to swim and feel comfortable in the water. Wear swimming attire, bring a towel, and goggles if needed.**

**Location:** Mashpee/Wakeby Pond, Lake Avenue, off of Route 130. **Registration deadline: June 9th**

5 sessions

Max: 12

Day	Time	Date(s)	Fee
Sat.	8:30-9:30am	June 25-July 23	R \$120

## Archery

For adults 18+.

**Instructor:** Philip Gormley, USA Archery Certified Instructor

Archery is a really fun individual sport for adults and youngsters alike. You will learn the basics:

- How to properly load an arrow onto a bow
- How to release an arrow when shooting
- How to adjust your aim
- How to extract an arrow from your target
- How to keep score

Safety will be stressed at all times. Whistle commands will be used by your instructor during the class. Certificates will be awarded for getting a bulls-eye and/or for achieving National Field Archery Association classifications.

No personal bow use will be allowed. Only bows supplied by the instructor can be used.

**Note: For safety reasons, family pets need to be left at home please.**

**Unvaccinated participants should wear a mask. Thank you.**

**Location:** Mashpee Town Hall Field (out back)

6 sessions

Min/Max: 4/9

Day	Time	Date	Fee
W	6:15 - 7:15pm	July 13-Aug. 17	\$85



## Beginner/Advanced Beginner Tennis

**Instructor:** Kathryn Olson, USPTA Professional

Lessons will include intense instruction on volley, fore-hand, backhand, and serving techniques. Participants will also learn how to score and play in a singles and doubles match.

**Location:** Mashpee Middle/High School Courts

4 weeks

Min: 4

Code	Day	Time	Date(s)	Fee
ED	Sat.	8:00-9:00am	July 2-July 23	R \$52
EE	Sat.	8:00-9:00am	July 30-Aug. 27	R \$52

(No class 8/20)

## Adult Sailing Lessons

For adults 18+.

**Instructor:** Dino Garbero, US Sailing Certified Instructor (Level 1)

Our adult sailing program is designed for **adults** who have little or no knowledge about **sailing**. This course will teach you everything you'll need to know to go **sailing** on your own or even buy your own sailboat. All participants must be able to swim at least 50 yards.

**Please bring water, hat, sunscreen, non-skid water shoes & a type III PFD Life Jacket.**

**Location:** John's Pond Town Beach **Min/Max: 2/3**

**Session 1 – 4 lessons**

**Session 2 - 7 lessons**

**Session 3 - 6 lessons**

Ses.	Day/Time	Date(s)	Fee
1	Sat./ 11am-3:00pm	June 4-25	R \$190
2	Tues.(4:30-8pm/Sat.(11-3pm)	July 9-30	R \$330
3	Th.(4:30-8pm)/Sat.(1-3pm)	Aug. 4-20	R \$280



## Sunset Kayak Tour

For adults 18+.

**Instructor:** RideAway Adventures

You haven't enjoyed a true Cape Cod sunset unless you've watched it from the water. One of the most beautiful sunset scenes imaginable as we set up at the mouth of Ockway bay to enjoy the bursting color and calm that only nature can deliver.

The tour begins with a nice and easy paddle around Popponesset Island out the barrier beach called the "Spit".

There we will spot a variety of birds, crabs, and discuss the barrier beach's importance to Cape Cod. As the sun starts to make it's way to the horizon we take a paddle through Popponesset Bay to the entrance of Ockway Bay where just above the tree line the sun disappears followed by an explosion of colors caught by the clouds. You can't help but relax and be in awe of this amazing world we live in.

**Includes:** ACA Certified Guide, & Kayak Rental Life Vests are provided or you can bring your own.

**Upon Request at no Charge:** Binoculars, Bird Guide and Access to Guide's Dry Bag

**Location:** 135 Daniels Island Rd., New Seabury Marina  
**Max:** 6

Day	Time	Date	Fee
T	6:00 - 8:00pm	June 21	R \$70
T	6:00 - 8:00pm	July 19	R \$70
T	6:00 - 8:00pm	August 16	R \$70

## Stand Up Paddleboard Yoga

For adults 18+.

**Instructor:** RideAway Adventures

SUP Yoga is an amazing on water experience. Classes are designed for all levels. Starting with a quick lesson for newbies, a short warm-up paddle, and then we'll anchor our boards for a lively peaceful yoga workshop.

**Location:** Lawrence Pond, 117 Stowe Rd., Sandwich (Camp Lyndon)  
**Max:** 6

Day	Time	Date	Fee
T	5:00 - 7:00pm	June 28	R \$70
T	5:00 - 7:00pm	July 26	R \$70

## Learn to Stand Up Paddle Board

For adults 18+.

**Instructor:** RideAway Adventures

Stand Up Paddle Boarding is the fastest growing water sport in North America and there's a reason for it. It provides a very unique and subtle workout along with the ability to travel on water with an unparalleled field of vision. Taught by one of RideAway Adventures ACA certified instructors.

**Location:** Lawrence Pond, 117 Stowe Rd., Sandwich (Camp Lyndon)  
**Max:** 6

Day	Time	Date	Fee
T	5:00 - 7:00pm	July 5	R \$70
T	6:00 - 8:00pm	August 2	R \$70

## Golf - Pitch, Putt & Swing Camp for Adults

For adults 18+.

**Instructor:** Rick Johnson

**Rick is a 41 Year PGA member, NE Section Pro for the Year, 2019 NE PGA Player Development Pro of the Year and Paul Harney Golf Professional.**

- Week 1: Full Swing Instruction** - Set-up to swing, core rotation - "The blend of up and down management of arms, hand and club to body rotation", and tempo
- Week 2: Short Game Instruction** - Pitching, chipping, sand play, putting and different clubs for different shots
- Week 3:** Full swing and short game review plus on-course play!

**Note:** Clubs are provided if needed      **Fee:** \$159

**Location:** Paul Harney Golf Course      **Max:** 5

**Each session is three, one and a half hour lessons**

S#	Day(s)	Time(s)	Date(s)	Fee
1A	F	9:00-10:30am	May 6, 13, 20	\$159
1B	F	12:00-1:30pm	May 6, 13, 20	\$159
2A	F	9:00-10:30am	June 3, 10, 17	\$159
2B	F	12:00-1:30pm	June 3, 10, 17	\$159
3A	F	9:00-10:30am	July 1, 8, 15	\$159
3B	F	12:00-1:30pm	July 1, 8, 15	\$159
4A	F	9:00-10:30am	Aug. 5, 12, 19	\$159
4B	F	12:00-1:30pm	Aug. 5, 12, 19	\$159

## Piano Lessons for Adults and Seniors (private lessons)

For adults 18+.

**Instructor:** Melissa Harris, see bio below

If you've always wanted to play piano, now may be the perfect time to begin. Beginning pianists will learn proper stance and relaxed hand position, notes on the grand staff and piano keyboard, and note values/basics of timing. You'll learn to play at least six pieces of music to get you started on your richly rewarding piano journey. If you are returning to the piano, I welcome you and look forward to helping you with your goals.

Your weekly lesson time is reserved especially for you! Up to two make-up request will be accommodated for missed lessons during the summer course, whenever possible. Please contact Melissa Harris at 508-888-8140 or email melissaharris pianostudeio@gmail.com to schedule a weekly appointment time

**Dates:** July 5 - Aug. 20

**Classes held at Melissa Harris Piano Studio in Sandwich, 14 Cardinal Rd., Sandwich**

**Materials:** Lesson book & Piano or keyboard for practice

**Tuition:** \$365 (seven 45-minute private lessons)

**Instructor Bio:** Melissa Harris of Sandwich. Melissa has 25 years teaching experience and specializes in adult music education. She is former president of Cape Cod Music Apps where she co-developed "intelligent" music education apps for iPad that can be used with acoustic instruments.



# PICKLEBALL

*All pickleball lessons will be instructed by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's five experienced and caring instructors will offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the '22 season and look forward to sharing their knowledge!*

## Pickleball (1.0)

Learn this fun game that is growing fast all over the country! Participants should wear loose-fitting athletic clothing and court shoes (smooth-soled sneakers with good lateral support). Paddles will be provided if needed.

*\*In the event of a rain cancelation, the following week will be used as a make-up.*

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.  
Min/Max: 4/10**

Day(s)	Time(s)	Date(s)	Fee
M	3:30 - 5:00pm	July 11 & 18	R \$60
W	5:30 - 7:00pm	July 13 & 20	R \$60
M	3:30 - 5:00pm	Aug. 8 & 15	R \$60
W	5:30 - 7:00pm	Aug. 10 & 17	R \$60
M	3:15 - 4:45pm	Sept. 12 & 19	R \$60
W	3:15 - 4:45pm	Sept. 14 & 21	R \$60

## Pickleball (2.0)

This course is ideal for people who have learned to play pickleball and are ready to take their play to the next level. Focus will be on topics such as shot selection, skills refinement, and positioning. Qualified participants should know the rules, how to serve and return, and how to keep score.

*\*In the event of a rain cancelation, the following week will be used as a make-up.*

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.  
Min/Max: 4/10**

Day(s)	Time(s)	Date(s)	Fee
M	5:15 - 6:45pm	May 9 & 16	R \$60
M	5:15 - 6:45pm	June 6 & 13	R \$60
W	3:45 - 5:15pm	June 8 & 15	R \$60
M	5:15 - 6:45pm	July 11 & 18	R \$60
W	3:45 - 5:15pm	July 13 & 20	R \$60
M	5:15 - 6:45pm	Aug. 8 & 15	R \$60
W	3:45 - 5:15pm	Aug. 10 & 17	R \$60



## Pickleball (3.0)

This class is perfect for the intermediate player interested in progressing toward a more strategic game. Focus will be on topics such as positioning, shot control and placement, introduction to non-volley zone and transition zone strategies. Qualified participants are able to sustain rallies and consistently serve and return.

*\*In the event of a rain cancelation, the following week will be used as a make-up.*

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.  
Min/Max: 4/10**

Day(s)	Time(s)	Date(s)	Fee
Th.	4:15 - 5:45pm	May 12 & 19	R \$60
Th.	6:00 - 7:30pm	June 9 & 16	R \$60
Th.	4:15 - 5:45pm	July 14 & 21	R \$60
Th.	4:15 - 5:45pm	Aug. 11 & 18	R \$60

## Pickleball (3.5)

This class is designed for the serious player looking to develop advanced and refined strategies and techniques, both offensive and defensive. Qualified participants are attempting both drives and drops on the 3<sup>rd</sup> shot, dinking at the non-volley zone, and have consistent shot control.

*\*In the event of a rain cancelation, the following week will be used as a make-up.*

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.  
Min/Max: 4/10**

Day(s)	Time(s)	Date(s)	Fee
Th.	6:00 - 7:30pm	May 12 & 19	R \$60
Th.	4:15 - 5:45pm	June 9 & 16	R \$60
W	2:00 - 3:30pm	July 13 & 20	R \$60
Th.	6:00 - 7:30pm	July 14 & 21	R \$60
W	2:00 - 3:30pm	Aug. 10 & 17	R \$60
Th.	6:00 - 7:30pm	Aug. 11 & 18	R \$60

## Round Robin

This 2-hour program is a fun and competitive event, which is organized by skill level. Participants will play six games with varying partners and opponents. The Round Robin will be a great way to get to know people and improve your game!

*\*In the event of a rain cancelation, the following day will be used as a make-up.*

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.  
Min/Max: 12/16**

Day(s)	Time(s)	Date(s)	Fee
W	5:30 - 7:30pm	Aug. 3	R \$12
W	5:00 - 7:00pm	Aug. 31	R \$12

*Non-Resident add \$3*



### **Semi-private Pickleball Lessons (for 2 players or 4 players)**

**Appropriate for players who already know how to play the game up to level 3.5.**

Improve your game quickly. This one-hour program allows full, focused, and personalized instruction in a group setting with some friendly competition while building and refining the fundamentals.

**\*In the event of a rain cancellation, see below for make-up dates.**

June cancellations for Monday classes will be held at the same time on Monday, June 20 or Thursday, June 23.

July cancellations for Monday classes will be held at the same time on Monday, July 25 or Thursday, July 28.

August cancellations for Monday classes will be held at the same time on Monday, Aug. 22 or Thursday, Aug. 25.

**Location: Mashpee Pickleball Courts, 162 Ashumet Rd.      Max: 2/4**

# of players	Day	Time	Date	R Fee	NR Fee
Up to 2	M	11:30am - 12:30pm	June 13	R \$40	R \$43
Up to 2	Th.	12:15 - 1:15pm	June 16	R \$40	R \$43
Up to 2	M	11:30am - 12:30pm	July 11	R \$40	R \$43
Up to 2	Th.	12:15 - 1:15pm	July 14	R \$40	R \$43
Up to 2	M	11:30am - 12:30pm	July 18	R \$40	R \$43
Up to 2	Th.	12:15 - 1:15pm	July 21	R \$40	R \$43
Up to 2	M	11:30am - 12:30pm	Aug. 8	R \$40	R \$43
Up to 2	Th.	12:15 - 1:15pm	Aug. 11	R \$40	R \$43
Up to 2	M	11:30am - 12:30pm	Aug. 15	R \$40	R \$43
Up to 2	Th.	12:15 - 1:15pm	Aug. 18	R \$40	R \$43
Up to 4	M	12:45 - 1:45pm	June 6	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	June 6	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	June 9	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	June 9	R \$30	R \$33
Up to 4	M	12:45 - 1:45pm	June 13	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	June 13	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	June 16	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	June 16	R \$30	R \$33
Up to 4	M	12:45 - 1:45pm	July 11	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	July 11	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	July 14	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	July 14	R \$30	R \$33
Up to 4	M	12:45 - 1:45pm	July 18	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	July 18	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	July 21	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	July 21	R \$30	R \$33
Up to 4	M	12:45 - 1:45pm	Aug. 8	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	Aug. 8	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	Aug. 11	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	Aug. 11	R \$30	R \$33
Up to 4	M	12:45 - 1:45pm	Aug. 15	R \$30	R \$33
Up to 4	M	2:00 - 3:00pm	Aug. 15	R \$30	R \$33
Up to 4	Th.	1:30 - 2:30pm	Aug. 18	R \$30	R \$33
Up to 4	Th.	2:45 - 3:45pm	Aug. 18	R \$30	R \$33



# REGISTRATION

## Mashpee Recreation

Name of participant: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell: \_\_\_\_\_ \*\*Mobile Carrier: \_\_\_\_\_

**\*\*By providing your cell carrier, we can send you a text message when last-minute changes or cancellations occur\*\***

Grade: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Medical Conditions/Allergies: \_\_\_\_\_

In case of emergency contact:

Shirt size (If applicable): Please circle one

Name: \_\_\_\_\_

Youth: Small Medium Large X-Large

Phone #: \_\_\_\_\_

Adult: Small Medium Large X-Large XX-Large

\*\*\*\*\*

Program/Activity	Start Date	Time	S# / Code	Fee (non-resident add \$10)
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

\*\*\*\*\*

MC/Visa # \_\_\_\_\_ Exp Date: \_\_\_\_\_ 3-digit code \_\_\_\_\_

Check # \_\_\_\_\_ (Make checks payable to Town of Mashpee) Cash: \_\_\_\_\_

**Refund Policy:** You may withdraw from a class up to 3 working days in advance of the starting date of that program and receive a refund MINUS a \$10 processing fee. NO REFUNDS WILL BE GIVEN AFTER THIS DATE.

**By signing this form, I give my permission to have my photo/video and or my child's photo/video taken for media purposes.**

**HOLD HARMLESS CLAUSE:** I, the undersigned parent/guardian or participant, do hereby consent to my/their participation in voluntary athletic, recreation, or community education programs of the Town/City, or Public School of Mashpee.

I also agree to forever release the Town/City of Mashpee, the School Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic, recreation, or community education programs of the Town/City or Public Schools ("the Releases") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Town or Public School of Mashpee voluntary athletic, recreation, or community education programs.

I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my participation, or my child's participation in the Town/City or Public School of Mashpee voluntary athletic, recreation, or community education programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation, or my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this form, I affirm that I have decided to allow my participation, or my child's participation in the Town/City or Public School's athletic, recreation, or community education programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Town/City or Public School athletic, recreation, or community education programs.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Mashpee Recreation Department  
520 Main Street  
Mashpee, MA 02649

*Printed by:*

MPS Students in the Mashpee Technology Center of Excellence