



Mashpee Recreation

May 29 Memorial Day Ceremony
June 3 Youth Fishing Derby
June 10 Super Swim
June 23 Community Picnic & Fireworks
Sept. 30 Oktoberfest

Summer
2023





MASHPEE SPECIAL EVENTS

2023!

Memorial Day Ceremony

Monday, May 29th, 10AM @ Mashpee Community Park and Veterans Garden

Join us as we pay tribute and preserve the memory of the fallen.

Youth Fishing Derby

Saturday, June 3rd from 9-11AM @ John's Pond, Back Rd. For kids ages 5 through 14 years of age.

This is a chance for the young anglers to demonstrate their skills and have some fun. Trophies will be presented for the most inches caught in each age category (5-7), (8-10) & (11-14). Children must be accompanied by an adult. Fishing from the beach area only, no waders or boats.

Bring your own fishing rod and we'll provide the bait.

Annual Mashpee Super Swim

Saturday, June 10th, 9AM @ John's Pond Town Beach
1/2 mile, 1 mile and 3.1 mile open water swim event held at John's Pond. Chip timing will be used again this year!!

Fee: 3 mile & 1 mile \$65 , 1/2 mile \$50

No day of registrations will be accepted

Register @ www.streamlineevents.com/mashpee

Community Picnic and Fireworks

Friday, June 23rd 5:00PM @ Mashpee Middle/HS
(Rain Date - June 24th)

Join us for a fun filled night for the family! We will have live music, K-9 dog show, train rides, face painting and a fabulous display of fireworks at dark! Bring your own picnic dinner or local food trucks will be available .

Summer Concert Series

Tuesdays, July 11th - August 22nd from 6:00 - 7:30PM
@ Mashpee Community Park

To view the weekly entertainment schedule go to:
www.mashpeerec.com

Sponsored by the Town of Mashpee
Free admission

Mashpee Oktoberfest

Saturday, September 30th from 10AM - 4PM @ Mashpee Commons Green

Join us for a full day of fun at Mashpee Commons Green. We'll have entertainment throughout the day which will include: The Vagabonds, dance groups, K-9 dog show, Irish Step Dancing, the keg toss, children's games, face painting, and crafts. We'll also have a variety of "Fair Style" food along with 50+ arts and craft vendors! Don't forget to visit our Bier Garten which will be serving up Bratwurst and beer.



RHIANNON MCCUIISH

5K RUN / WALK

REGISTER TODAY!

Coming this fall/TBA

3.1 mile loop beginning and ending at Heritage Park. Register ahead of time on www.mashpeerec.com or register race day at Heritage Park from 8:30 - 9:30AM. Fee is \$30 or \$35 morning of race. Lunch to follow at Heritage Park for runners and families. All proceeds go towards supporting town youth programs.

General Information

Recreation Department Staff Directory - Contact us - PHONE - (508) 539-1416

Mary K. Bradbury, Director, mbradbury@mashpeema.gov

Cameron Gonnella, Assistant Director, cgonnella@mashpeema.gov

Ashley Cunha Child Care Coordinator, acunha@mashpeema.gov

Lisa Larsson, Administrative Assistant, llarsson@mashpeema.gov

Carolyn Thompson, Administrative Assistant (Kids Klub Childcare Center)

cthompson@mashpeema.gov (508) 539-1417

Lissa Ploszay, Administrative Clerk, eploszay@mashpeema.gov

Helpful Phone Numbers

Kids Klub Childcare Center - (508) 539-9361

KC Coombs Ext. Day Program - (774) 836-0627

Quashnet Ext. Day Program - (774) 836-0642

Mashpee Chamber of Commerce - (508) 477-0792

Mashpee Council on Aging - (508) 539-1440

Mashpee Department of Public Works - (508) 539-1420

Building/Field Use Scheduler - (508) 539-1420



Recreation Parks, Playgrounds, Fields & Beaches

Heritage Park - Location: 524 Main St. (Route 130)

Facilities: softball/baseball fields, soccer/multi-purpose fields, basketball court, playgrounds (2), 1 at 524 Main St, 1 at 139 Ashumet Rd. (back of Heritage Park), walking path, splash pad

Beaches

South Cape Town Beach - 500 Great Oak Road

Resident sticker required, weekly pass or Tribal sticker/ID

South Cape State Beach - Great Oak Road

\$15 daily fee (MA vehicle), \$40 (non-MA vehicle)

Attaquin Park (Mashpee/Wakeby Pond) - Lake Avenue

Resident sticker required, weekly pass or Tribal sticker/ID

Facilities: Playground, basketball court, charcoal grills, picnic area with tables

John's Pond Town Beach - Back Road

Resident sticker, active Military ID or weekly pass

Facilities: playground, picnic area with tables, charcoal grills

Beach stickers and passes can be purchased at the town clerks office Monday-Friday, 8:30am-4:30pm or online. (stickers required June 24th through Labor Day)

Boat Landings

State Boat Ramps

Mashpee/Wakeby State Boat Ramp - Main Street

\$10 (Massachusetts license plate), \$15 (out-of-state plate) (fee collected on weekends and holidays beginning on Saturday of Memorial Day weekend through Labor Day)

John's Pond State Boat Ramp - Hooppole Road

(minimal parking, no fee collected)

Town Boat Landings

Fresh Water - Ashumet Pond, John's Pond, Mashpee/Wakeby Pond, Santuit Pond

Salt Water - Popponesset Bay, Pirates Cove, Ockway Bay, Waquoit Bay

From May 27th through Labor Day, parking at the ramps is restricted to Mashpee resident vehicles with a permit (Boat Ramp, Transfer Station, Recycle or Recreation sticker needed). No trash receptacles, running water or toilets are provided. Mashpee Town Hall sticker office opens June 6 from 9AM-4PM.

Mashpee Recreation Scholarship Program

**Recreation scholarships are for Mashpee
Residents ONLY.**

MASHPEE RECREATION SUMMER CAMP:

Camp Scholarship requests must be made through the Recreation Department: 520 Main Street. All applicants must complete a Financial Assistance Application and a summer camp application (providing all necessary documents with application). You must register at the Recreation office. Please do this at the beginning of registration (usually mid-March) as we do not hold spots. There is no guarantee that you will receive a scholarship as they are given on a first-come, first-serve basis with priority going to those in the most need. Once decisions have been made, you will be notified by letter if you've been awarded a scholarship.

**Summer Camp & Financial Assistance
Applications can found at
www.mashpeerec.com or you may pick one up at
Mashpee Recreation Department
520 Main Street
Mashpee, MA 02649**



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Non-Resident Discount Pass

Available Now! **Mashpee Recreation is offering a Non-Resident Discount Pass** for households enrolling in our programs and events. With a paid \$50 Annual Membership (valid one year from date of purchase), Non-Resident participants pay the reduced rate offered residents only. You may purchase your membership online or call (508) 539-1416 to access your discount pass today!

Mashpee Recreation mission...

To meet the needs of our community by promoting quality educational programs, recreational activities, and special events that are designed to enhance personal growth, learning opportunities, and community development while focusing on the educational and recreational interests that influence our health and well-being.

ONLINE REGISTRATION

www.mashpeerec.com

Mashpee Recreation Department provides online program registration. You will need a username and password in order to utilize the online registration system. ***If you receive a message saying “The phone number you provided already exists”,*** please call the Recreation Office during regular office hours (Monday - Friday, 8:30am - 4:30pm) to receive your username and password, (508) 539-1416.

Traditional Registration



WALK IN
Recreation Office
520 Main St.
Monday - Friday
8:30am - 4:30pm



BY FAX
(508) 419-1161
Use your MC/Visa
Or Discover



BY MAIL
To Recreation Dept.
520 Main St.
Mashpee
MA 02649



REFUND POLICY

FULL REFUND FOR A CANCELLED CLASS BY THE RECREATION DEPT.

PROGRAMS CANCELLED BY PARTICIPANT

You may withdraw from a class up to 3 business days in advance of the starting date of that program and receive a refund minus a \$10 processing fee. No refunds will be given after this date (3 business days prior to the program).

GENERAL INFORMATION

Register for members of your immediate family only.

PAYMENT

Non Residents add \$10 per course.

By check, payable to: Town of Mashpee, Cash, Visa, MasterCard or Discover.

AGE POLICY

Children must be the proper age on the FIRST DAY of class.

COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its max. enrollment, you can place your name on the waiting list online or by calling the Rec. dept., 508-539-1416. If a class does not meet the minimum number of participant requirements, it will be cancelled and you will be notified and given a full refund. Otherwise, please plan on attending.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

SWITCHING/CHANGING CLASSES

You may switch a session/date for a another program/date. A \$10 processing fee will be assessed at the time of the request.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their

CHILDCARE PROGRAMS



KIDS KLUB PRESCHOOL & CHILDCARE CENTER

Owned & operated by the Town of Mashpee

Ages 15 mos. to 6 years

The Kids Klub Childcare Center provides a safe, fun, affordable, not-for-profit preschool and daycare program for the benefit of the community. It is owned and operated by the Town of Mashpee Recreation Department. Through classroom activities, field trips, special projects and recreation time, your child will have the opportunity to be creative, challenged, form new friendships and learn social skills in a semi-structured, supervised, and nurturing atmosphere. Licensed by the Commonwealth of Massachusetts Department of Early Education and Care. Located at 501 Great Neck Rd. North.

DAYCARE (paid weekly)

Daycare payments are due on the first day of each week.

Preschool + Daycare – full day program (ages 2.9 – 6)

(\$53 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$106/week

3 days a week: \$159/week

4 days a week: \$212/week

5 days a week: \$265/week

Registration fee: \$75 non-refundable (includes field trips and special events)



Toddler Daycare (ages 15 mos. to 2.9 years)

(\$58 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$116/week

3 days a week: \$174/week

4 days a week: \$232/week

5 days a week: \$290/week

Registration fee: \$75 non-refundable (includes field trips and special events)

A registration form, medical/immunization records and a photo are required prior to admission.

Please call for availability (508) 539-9361.



EXTENDED DAY PROGRAM GRADES K - 6

Mashpee Recreation's Extended Day (Before and After School Care) Program is licensed by the Commonwealth of Massachusetts Department of Early Education and Care. We provide a safe, semi-structured, supervised, and nurturing environment for your child. Through free play, arts & crafts, recreational activities, and occasional field trips, your child will have the opportunity to be creative and form new friendships.

Before School Care

Grades K - 6

K - 2 Drop Off: K.C. Coombs Cafeteria

3 - 6 Drop Off: Quashnet Cafeteria

Hours: 7:00 am - school begins (Quashnet students will be escorted to school by staff)

Tuition/Fees:

2 Days per Week - \$85.00 / month

3 Days per Week - \$130.00 / month

4 Days per Week - \$175.00 / month

5 Days per Week - \$215.00 / month



After School Care

Grades K - 2: K.C. Coombs Cafeteria

Grades 3 - 5: Quashnet School Cafeteria

Hours: Dismissal - 5:30 pm

Tuition/Fees

(Pre-K, 5 days only-\$250.00/Month)

2 Days per Week - \$110.00 / month

3 Days per Week - \$150.00 / month

4 Days per Week - \$200.00 / month

5 Days per Week - \$250.00 / month

Registration fee: \$35 non-refundable



(If a child is enrolled in both the Before AND After School programs, the maximum registration fee is \$70 for both programs)

A minimum 2 day enrollment is required for each program. The program follows the Mashpee School Calendar and will be in session every day while school is in session. For early dismissal days, the After School Care program runs from dismissal until 5:30 p.m. Mashpee Recreation runs a separate "Vacation Club" program for certain holidays and/or teacher professional development days. A separate fee and registration are required for that program.

A completed Before/After School Care registration packet, current photo and fee must be received by the Town of Mashpee Recreation Department prior to your child attending. If you have further questions, feel free to contact us.

You may download an application on our website: www.mashpeerec.com

Mashpee Rec Summer Camp

Camp Philosophy, History and Staff

Our summer day camp provides a safe environment for children to learn valuable skills and make new friends through programs that are challenging, educational, and fun. Our goal is to create a space for young people to learn how to work together as a team while gaining confidence in their unique abilities as individuals and to encourage an awareness of the environment and an appreciation of nature. Through games, sports, field trips, nature hikes, special events, swimming, arts & crafts, and water activities, the children are given the opportunity to learn, explore and develop the sense of wonder and adventure that create memories for a life time. We comply with the regulations set by the Massachusetts Board of Health and are permitted by the Mashpee Board of Health. Mashpee Rec summer camp has been in existence for over 20 years. Each counselor is certified in CPR and First Aid and CORI/SORI checked prior to employment. We have our own lifeguard dedicated to just our campers and a low counselor/camper ratio of 1:10. **Camp will be held at the K.C. Coombs School, 152 Old Barnstable Road**

Week 1: Summer Splash (Field Trip to Water Wizz - All campers) (Pinz - Navigators)	June 26 - June 30th	How to Register: Registrations are accepted online @ www.mashpeerec.com or at the Recreation Office located at 520 Main Street, Mashpee, MA with all required documents (Current physical within 18 months, immunization record and a photo). You may download an application at www.mashpeerec.com or stop by the Recreation Dept. for one. Camp Fee: \$185/week (8:30am-4:30pm) or \$220/week to include extended day hours. This covers both am & pm, (starting at 7:30am and ending at 5:30pm) Navigators (Grades 7+8) \$220/week (8:30-4:30pm) Or \$255/week for extended hours. Deposit of \$50 (non-refundable) is required for each week and applied towards the balance.
Week 2: Rock and Roll (Field Trip to Dave & Busters - Exp & Nav) (Field Trip to Edaville Railroad - Voy & Adv)	July 3 – 7 No Camp July 4th	
Week 3: Animal Adventures (Field Trip to Roger Williams Zoo - All campers) Field Trip to United Skates - Navigators)	July 10 – 14	
Week 4: Olympics Week (Field Trip to Inflatable Park - All Campers) (Field Trip to Codzilla - Navigators)	July 17 – 21	
Week 5: Summer Safari (Field Trip to Billy Beez - Voy, Adv & Exp) (Field Trip to Dave & Busters -Navigators)	July 24 – 28	
Week 6: Mischief & Mayhem (Field Trip to Funz- All campers) (Field Trip to United Skates - Navigators)	July 31 – Aug. 4	
Week 7: Traveling Adventures (Field Trip to Water Wizz - All campers) (Field Trip to Dave & Buster– Adventures)	Aug 7 – Aug. 11	
Week 8: The Final Fun-tier (Field Trip to Dave & Buster - Voyagers) (Field Trip to Canobie Lake Park - Exp & Nav)	Aug 14 - Aug. 18	





Summer Camp



Our campers are grouped by grade. Activities are geared towards their interests, skills developmental level and weekly camp themes. Each session, 3 times per week (M,T & F), campers will enjoy trips to various beaches in Mashpee, Sandwich and Falmouth as well as trips to the splash pad and Polar Cave. Tuesdays will be filled w/ tons of activities at the school ranging from visits from The Coastal Explorer trailer, to Obstacle Courses and Scavenger Hunts. Wednesdays and Thursdays will be field trip days and Fridays are camp cookouts at the beach. Schedule is subject to change throughout the summer.

Voyager Camp (Gr. 1 & 2)

(must have completed kindergarten)

- ◆ Camp songs and games
- ◆ Arts and crafts
- ◆ Sports and water activities
- ◆ Nature hikes / picnics
- ◆ Special Visitors
- ◆ Field Trips (1 per week)

Adventure Camp (Gr. 3 & 4)

- ◆ Hiking /Exploring
- ◆ Swimming
- ◆ Field Trips (1 per week)
- ◆ Special Visitors
- ◆ Arts & Crafts

Camp is held at the K.C. Coombs School

Explorer Camp (Gr. 5 & 6)

- ◆ Hiking/Exploring
- ◆ Swimming and Water Activities
- ◆ Field Trip (1-2 per week)
- ◆ Special Visitors
- ◆ Sports / Games
- ◆ Arts & Crafts

Navigator Camp (Gr. 7 & 8)

- | | |
|---------------------------------|-----------------|
| ◆ Hiking/Exploring | Sports / Games |
| ◆ Swimming and Water Activities | Special Vistors |
| ◆ Field Trip (2 per week) | Beach trips |

For Campers in Grades 1 - 8

Mashpee Recreation is proudly partnering with Cotuit Center for the Arts to bring an immersive art and improvisation to the Summer Camp. We will still be doing our typical trips to John's Pond, Friday cook outs, bowling and more.

Pre-school Summer Camp

4 - 5 year old

(Your child must be 4 years old as of 1/ 1/2023)

Days: Monday - Friday

Time: 9AM - 12PM

Fee: \$85 per session

Deposit: \$25 (subtracted from the balance)

Children will stay on site most days. Local field trips may include the splash pad, library, police/fire dept.

CIT Camp (Gr. 8 & 9)

Our Counselor In Training Program is for teens who enjoy working with younger children and aspire to one day become a camp counselor ! Emphasis is placed on developing skills, sensitivity to children and their needs and program skills. Those interested in being considered as a candidate for this program must complete the application process, which includes references and an interview. Please call Mashpee Recreation at 508-539-1416 to get started !

(4 week minimum)



YOUTH PROGRAMS

Youth Kayak & Stand Up Paddleboarding

Ages 8 - 14.

Instructor: RideAway Kayak Staff

RideAway Kayak & SUP offers a very active and beginner friendly experience for their students. Paddleboarding is a new sport sweeping the East Coast and RideAway has been offering lessons and clinics for the last four years.

RideAway introduces necessary skills and information to those who have never worked with Kayaks or Stand Up Paddle Boards, but also develops more advanced techniques and skills with those that have some experience with either activity. Outside of the key fundamentals and body mechanics for each sport, we incorporate different competitions, group activities, and information about Cape Cod's wild life and preservation information. RideAway Kayak & SUP's goal is to create an active, welcoming and Informational environment for students to experience the beauty of nature and the joy of an active lifestyle.

Location: Ryder Woods Conservation (Mashpee/Wakeby Pond, off South Sandwich Road)

4 days/session

Min/Max: 6/12

S#	Days	Times	Dates	Fee
1	M-Th.	12:30-3:30pm	July 10-13	R \$130
2	M-Th.	12:30-3:30pm	July 17-20	R \$130
3	M-Th.	12:30-3:30pm	July 24-27	R \$130
4	M-Th.	12:30-3:30pm	July 31-Aug 3	R \$130
5	M-Th.	12:30-3:30pm	Aug. 7-10	R \$130
6	M-Th.	12:30-3:30pm	Aug. 14-17	R \$130
7	M-Th.	12:30-3:30pm	Aug. 21-24	R \$130

Note: Friday will be used as a make-up day for inclement weather



Junior Golf Camp

For ages 7 - 10 and 11 - 14.

Instructor: Rick Johnson, PGA

Rick is a 41 Year PGA Member, NE Section Pro of the Year, 2016 NE PGA Player Development Pro of the Year, Paul Harney Golf Professional.

Our Junior program will cover all aspects of the game, including Clubs, Full Swing and Short Game. Our focus will be on the fun of the game and the challenge of improvement.

Week One: Full Swing Instruction, Woods-Iron-Hybrids, Golf Exercise - Rules - Etiquette

Week Two: Full Swing Review, Short Game Instruction, Golf Exercise - Rules - Etiquette

Week Three: Full Swing - Short Game Review, Golf Exercise - Rules - Etiquette, Play 2 Range Holes

Note: Clubs are provided if needed

Location: Harney Golf Club

3days

Min/Max: 4/10

Ages 7 - 10

Day(s)	Time	Dates	Fee
T	9:00-10:30am	July 11, 18, 25	\$189
T	9:00-10:30am	Aug. 1, 8, 15	\$189

Ages 11 - 14

Day(s)	Time	Dates	Fee
T	12:00pm-1:30pm	July 11, 18, 25	\$189
T	12:00pm-1:30pm	Aug. 1, 8, 15	\$189

Family Fun Kayak Tour at

Lawrence Pond, Sandwich

Children 12 & under and their parent(s)/guardian.

Instructor: RideAway Adventures

Family Fun Kayak Tour at Lawrence Pond followed by a bonfire and a s'more making gathering! There will be adventures, games, environmental education and yummy treats! **All family members must be registered.**

Location: Lawrence Pond, 117 Stowe Road, Sandwich
1 evening Min: 2

Ses. #	Days	Time	Dates	Fee
1	T	4:30-6:30pm	July 25th	R \$70
2	T	4:30-6:30pm	Aug. 29th	R \$70

Challenger International Soccer Camp

For youth ages 3-14.

Coaches: Challenger Sports

USA's small-sided. France's possession. Brazil's creativity. Britain's speed, power & fitness. Spain's passing & moving. Challenger's International Soccer Camp is the combination of the most popular training sessions from the world's top soccer nations: Brazil, England, France, Spain, and the U.S.! Sessions will be led by a team of experienced International coaches and will be integrated with Challenger's iChallenge training app, which will help players develop skills and creativity.

Current physical and immunization record is required at time of registration for children ages 7-14.

Location: Heritage Park, 524 Main St. (Rec. area #2, near pavilion) 5 days

Ages	Days	Times	Dates	Fee
3-6	M - F	8:30-9:15am	July 10-14	R \$100
7-14	M - F	9:30am-12:30pm	July 10-14	R \$175
7-14	M - F	9:30am-4:00pm	July 10-14	R \$225

Session II:

Ages	Days	Times	Dates	Fee
3-6	M - F	8:30-9:15am	July 24-28	R \$100
7-14	M - F	9:30am-12:30pm	July 24-28	R \$175
7-14	M - F	9:30am-4:00pm	July 24-28	R \$225



4-Day Explosive Summer Skills Basketball

Clinic

Youth ages 6 - 14.

Coaches: Premier Hoops

Premier Hoops is the #1 Basketball Skills Training Program in MA! Our explosive 4-day mini summer clinics will take your child's game to the next level! Each day, the coaches will spend individualized time teaching all the true fundamentals of the game: Ball-handling, passing, defense, shooting, and much more! Each action-packed 2 hour session will feature making new friends, playing fun games and doing unique skills challenges & competitions. This program is so fun, your child will be asking to come back every time!

**Location: Mashpee Middle/High School
4 days Min/Max: 10/24**

Ages	Day	Time	Date	Fee
Ages 6 - 9			TBD	
Ages 10-14			TBD	

Fresh-Water Family Fishing Instruction

Youth ages 7 & up and parents, grandparents, etc.

Instructor: MA Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the *Mass Wildlife* Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics from casting out, to baiting up. And the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun!

**Children must be accompanied by an adult.
Rods & bait are provided.**

**Location: John's Pond Town Beach, Back Rd.
1 day, 2 hours Min: 12**

Days	Times	Dates	Fee
W	6:00-8:00pm	July 12	Free

Note: you must register for this class ahead of time @ www.mashpeerec.com or by filling out the form in the back of this booklet.

Youth Archery (Beginner/Advanced Beginner)

Youth entering grades 6 - 12.

Instructor - Phil Gormley

Archery is a really fun individual sport for adults and youngsters alike. You will learn the basics:

- How to properly load an arrow onto a bow
- How to release an arrow when shooting
- How to adjust your aim
- How to extract an arrow from your target
- How to keep score

Safety will be stressed at all times. Whistle commands will be used by your instructor during the class. Certificates will be awarded for getting a bulls-eye and/or for achieving National Field Archery Association classifications.

No personal bow use will be allowed. Only bows supplied by the instructor can be used. **No family pets allowed.**

Location: Mashpee Town Hall Field (out back)

6 weeks

Min/Max: 4/8

<u>Days</u>	<u>Times</u>	<u>Dates</u>	<u>Fee</u>
W	5:00-6:00pm	July 12-Aug. 16	R \$85



You Go Girl!

Youth ages 7-9.

Instructor - Victoria Haire



The objective is to introduce 7-9 yr old girls to the different Empowerment Principles that will elevate self awareness, build life skills and strengthen confidence. Focus will be on fun activities, new experiences and opportunities to create a safe community. Through our daily share circle children will practice communication in a respectful way that allows everyone to feel heard and supported. We want every girl to walk away knowing they are enough!

<u>Days</u>	<u>Times</u>	<u>Dates</u>	<u>Fee</u>
T	12:30-4:00pm	July 12-Aug. 16	R \$30



Do you have a class idea? Please email ideas/suggestions to: recreation@mashpeeema.gov

Are you skilled at a particular sport or activity? If you are interested in offering a recreational class for children, teens or adults please contact us! Call (508) 539-1416 or email: recreation@mashpeeema.gov

Mashpee Jr. Police Academy

For youth entering grades 3 - 6.

Instructors: Mashpee Police Department

This program will consist of discussions on daily police duties, safety, and various other topics. Each day we'll try to combine time in the classroom with an activity. Activities include: checking out a police car, taking a tour of the station, K-9 Demo, a fitness challenge and obstacle course.

Location: Mashpee Police Dept, 19 Frank Hicks Drive
3 weeks, 6 sessions **Min/Max: 5/12**

Day(s)	Time	Date(s)	Fee
T/Th	10am-Noon	July 25 - Aug. 10	R \$25

Jr. Firefighters

For youth ages 3 - 6.

Instructors: Mashpee Fire Department

Come to the place where our hometown heroes spend their time. In this program children will tour the fire station. Come see where the Firefighters eat, sleep and work. See what they dress in, how an ambulance works, see the brush truck and the fire engine. Finally, to end the tour you'll be able to squirt a real fire hose!

Note: Parents must accompany their child(ren) during the class.

Location: Mashpee Fire Dept, 20 Frank Hicks Drive
1 hour class/session **Min/Max: 3/10**

S#	Day	Time	Date	Fee
1	W	10-11:00am	July 12	R \$10
2	Tues	10-11:00am	Aug 2	R \$10

Let's Go Clamming!!

For youth ages 5 - 12.

Instructor: Christine Mone

This is a fun-filled class teaching students the different types of shellfish, how they grow, and the techniques used for clamming. We will dig and rake for various shellfish. Participants can take home the treasures they find! Equipment will be provided. Includes a free shellfish gauge & recipes!

Please wear water shoes, bring a snack, drink, towel & a bucket. Parents welcome to stay.

Location: Seconsett Island Causeway (Mooring Field)

Directions: Off Route 28 go left on Metoxit (at Cumberland Farms), make slight right on Meadow Neck, go over bridge and park on left, beach is on the right. Please be sure to get a placard from the instructor to place on your dashboard if you plan on staying for the class.

1 class/session **Max: 10 (parents welcome to stay)**

S #	Day	Time(s)	Date(s)	Fee
1	W	10:30am-12:00pm	July 26	R \$15
2	W	9:30-11:00am	Aug 23	R \$15



MSI: Mad Science Investigates

For youth ages 6 –12.

Become a detective to solve a “crime”. Investigate the world around you from animal tracks to deep space. Discover how to send secret messages using special codes. Explore the environment, including the foods you eat and so much more.



Please bring water and a snack, sunscreen and a hat

Location: KC Coombs

1 week

Min/Max: 8/14

<u>Day(s)</u>	<u>Time</u>	<u>Date(s)</u>	<u>Fee</u>
M-F	1:00 - 4:00pm	July 24 - 28	R \$180

Baby Sitter's Course

For ages 11+.

Instructor: Mary Nielsen

This 4-H certified course provides the new or veteran sitter with an up-to-date lecture series on this subject matter. We will refresh veteran sitters and provide the skill training for new sitters. Topics include responsibilities, fire prevention, home safety, first aid, entertainment, nutrition, and much more. Class participation is essential and assignments and quizzes are a major factor in successful completion of this course. Please bring lunch and a snack (**peanut-free**). **Participants must attend both sessions and complete the Magic Bag project in order to receive their certificate.**

Note: Bring writing material and notebook to first class, note taking is very helpful.

Location: Quashnet Elementary School
2 days **Min/Max: 6/12**

<u>Day(s)</u>	<u>Time</u>	<u>Date(s)</u>	<u>Fee</u>
W & Th.	8:30am –12:30pm	Aug. 3 & 4	R \$60



Horseback Riding Workshop

For ages 5 and up.

<u>Time</u>	<u>Day</u>	<u>Date</u>
1:00 - 4:00pm	Saturday	Year-Round

Fee: \$60 per day

Contact and register directly with Maushop Equestrian Center @ Cape Cod Farm and Forge 508-477-1303



Horseback Riding School

Ages 5 and up.

Instructor: Ms. Robin Blakeman and Staff

Maushop Equestrian Center will provide a fun and educational riding school that provides children the unique opportunity to participate in this equestrian activity. This course will teach the basics of horsemanship and all levels of riders are welcome. We'll tailor the instruction to your ability. English and Western saddle instruction. Safety equipment is furnished. Three day or four day per week sessions are available, see dates listed below.

Program runs from 9:00am - Noon

<u>S#</u>	<u>Day & Dates</u>	<u>Fee: Res</u>
1	Tues July 11 - Friday July 14	\$220.00
1	Tues July 11 - Thursday July 13	\$165.00
2	Tues July 18 - Friday July 21	\$220.00
2	Tues July 18 - Thursday July 20	\$165.00
3	Tues August 1 - Friday August 4	\$220.00
3	Tues August 1 - Thursday August 3	\$165.00
4	Tues August 8 - Friday August 11	\$220.00
4	Tues August 8 - Thursday Aug 10	\$165.00
5	Tues Aug 15 - Friday August 18	\$220.00
5	Tues August 15 - Thursday Aug 17	\$165.00
6	Tues August 22 - Friday August 25	\$220.00
6	Tues August 22 - Thursday Aug 24	\$165.00
7	Tues August 29 - Friday Sept 1	\$220.00
7	Tues August 29 - Thursday Aug 31	\$165.00

Single day sign up is available for \$60. Snack included.

Location: Maushop Equestrian Center @ Cape Cod Farm & Forge, 31 Quashnet Road, Mashpee

SWIM LESSONS

Levels and skills are categorized in the following ways:

Intro to Water Skills - Level 1

For 2 & 3 year olds with a parent & 4 year olds & up without a parent.

Class is limited to 6.

Skills that will be taught in level 1: enter & exit the water using a ramp, steps or side, blow bubbles for 3 seconds, bobbing 5 times, open eyes under water and retrieve submerged objects, front & back glide, back float, roll from front to back, treading water arm and hand actions, alternating and simultaneous leg and arm actions on front & back, combined arm and leg actions on front and back.



Fundamentals - Level 2

For children ages 4 & Up. Prerequisite - Must have had conquered all the milestones listed in Level 1. Class is limited to 6.

Skills that will be taught in level 2: enter & exit the water using a ramp, steps or side, fully submerge and hold breath, bobbing 10 times, open eyes under water and retrieve submerged objects, front & back glide, back float, roll from front to back, treading water for 15 seconds, change direction of travel while swimming on front and back, combined arm and leg actions on front and back, finning arm action on back.

Stroke Development - Level 3

For children ages 5 & up. Prerequisite - must have successfully passed Level 2.

Skills that will be taught in level 3: jump into deep water from the side, submerge and return to the side, headfirst entry from the side in seated kneeling positions, bobbing while moving to safety, rotary breathing, survival float for 30 seconds, back float for 1 minute, change from vertical to horizontal position on front and back, push off in streamlined position on front, then begin kicking, swim the front crawl for 15 yards, swim the elementary backstroke for 15 yards, flutter, scissors, breaststroke, and dolphin kicks.

Stroke Improvement - Level 4

For children ages 6 & up. Prerequisite - must have successfully passed Level 3.

Skills that will be taught in level 4: Headfirst entry in compact and stride positions, feet first surface dive, swim underwater, tread water, using 2 different kicks, survival swimming for 1 minute. Swim strokes that will be taught: front crawl for 25 yards, elementary backstroke for 25 yards, breaststroke for 15 yards, back crawl for 15 yards, butterfly for 15 yards, sidestroke for 15 yards, open turns on the front and back, flutter and dolphin kicks on back, push off in streamlined position on back, then begin kicking.

Stroke Refinement - Level 5

For children ages 6 & up. Prerequisite - must have successfully passed Level 4.

Provides further coordination and refinement of strokes.

Swimming and Skill Proficiency - Level 6

For children ages 6 & up. Prerequisite - must have successfully passed Level 5.

Refines the strokes so participants swim with ease, efficiency, power and smoothness over greater distances.



American Red Cross - Learn to Swim Lessons

We will be using the **American Red Cross Learn-To-Swim Program**. This will help your child become a better and more proficient swimmer. It is designed to give swimmers of all ages and abilities water safety skills as well as being a positive learning experience. Learn-to-swim teaches aquatic and safety skills in a logical progression.

For children ages 2 through 14.

We will be offering three, two-week sessions, **6 classes per session**.

Lessons will be 30 minutes long and be held on M/W/F, except for Session 1, see below.



Session #1 - Please note class will be held W/Th/F the 1st week b/c of the 4th of July and M/W/F the 2nd week)

Code	Days	Dates	Level	Age	Times	Fee	Location
AA	M / W / F	July 5 - 14	Level 4	6 & up	9:00 - 9:30am	R \$30/NR \$40	John's Pond
AB	M / W / F	July 5 - 14	Level 3	5 & up	9:40 - 10:10am	R \$30/NR \$40	John's Pond
AC	M / W / F	July 5 - 14	Level 2	4 & up	10:20 - 10:50am	R \$30/NR \$40	John's Pond
AD	M / W / F	July 5 - 14	Level 1	4 & up	11:00 - 11:30am	R \$30/NR \$40	John's Pond
AE	M / W / F	July 5 - 14	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$30/NR \$40	John's Pond

Session #2

Code	Days	Dates	Level	Age	Times	Fee	Location
BA	M / W / F	July 17 - 28	Level 5/6	6 & up	9:00 - 9:30am	R \$30/NR \$40	Mashpee/Wakeby
BB	M / W / F	July 17 - 28	Level 3	5 & up	9:40 - 10:10am	R \$30/NR \$40	Mashpee/Wakeby
BC	M / W / F	July 17 - 28	Level 2	4 & up	10:20 - 10:50am	R \$30/NR \$40	Mashpee/Wakeby
BD	M / W / F	July 17 - 28	Level 1	4 & up	11:00 - 11:30am	R \$30/NR \$40	Mashpee/Wakeby
BE	M / W / F	July 17 - 28	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$30/NR \$40	Mashpee/Wakeby

Session #3

Code	Days	Dates	Level	Age	Times	Fee	Location
CA	M / W / F	July 31 - Aug 11	Level 6	6 & up	9:00 - 9:30am	R \$30/NR \$40	John's Pond
CB	M / W / F	July 31 - Aug 11	Level 4	6 & up	9:40 - 10:10am	R \$30/NR \$40	John's Pond
CC	M / W / F	July 31 - Aug 11	Level 2	4 & up	10:20 - 10:50am	R \$30/NR \$40	John's Pond
CD	M / W / F	July 31 - Aug 11	Level 3	5 & up	11:00 - 11:30am	R \$30/NR \$40	John's Pond
CE	M / W / F	July 31 - Aug 11	Level 1	2 & 3 with parent & 4 & up w/out parent	11:40am- 12:10pm	R \$30/NR \$40	John's Pond

Tennis is a wonderful sport for a lifetime! Getting solid fundamentals as a youngster builds the strokes into our muscle memory, develops footwork that cross trains for all sports, and finely tunes hand/eye coordination.

Tennis Program: USTA endorsed Community Tennis Association for Mashpee & surrounding area.

Please bring a racket, water/sports drink, towel, hat, sunglasses and sunscreen.

Location: Mashpee Middle/HS tennis courts **Min/Max:** 5/8
Instructor: Kathryn Olson, USPTA certified teaching professional



Beginner - Advanced

Boys & girls ages 4 - 11.

Creating passionate young players through enthusiastic, dynamic teaching while developing solid stroke fundamentals & footwork. Players will be grouped by their level of experience.

Code	# of lessons	Age	Days	Time	Date	Fee
AA	6	5 - 11	M / W / F	8:00 - 9:00am	June 26 - July 7	R \$84
AB	6	5 - 11	M / W / F	8:00 - 9:00am	July 10- 21	R \$84
AC	6	5 - 11	M / W / F	8:00 - 9:00am	July 24 - Aug. 4	R \$84
AD	6	5 - 11	M / W / F	8:00 - 9:00am	Aug. 7– Aug. 18	R \$84
AE	6	4 - 8	M / W / F	8:00 - 9:00am	Aug. 21 - Aug. 25	R \$42
AF	5	4 - 8	Saturday	11:00am - 12:00pm	June 24– July 22	R \$70
AG	5	4 - 8	Saturday	10:00am-11:00am	July 29– Aug. 26	R \$70

Beginner - Intermediate

Boys & girls ages 12 - 18.

Development of superb groundstrokes, volleys, overhead, serve and footwork. As students progress they will focus on point construction, movement and mental toughness while continuing to strengthen form and footwork to be confident, passionate competitive players

Code	# of lessons	Age	Days	Time	Date	Fee
BA	6	12 - 18	M / W / F	4:00 - 5:00pm	June 26 - July 7	R \$84
BB	6	12 - 18	M / W / F	4:00 - 5:00pm	July 10 - 21	R \$84
BC	6	12 - 18	M / W / F	4:00 - 5:00pm	July 24 - Aug. 4	R \$84
BD	6	12 - 18	M / W / F	4:00 - 5:00pm	Aug. 7- Aug. 18	R \$84
BE	3	12 - 18	M / W / F	4:00 - 5:00pm	Aug. 21—August. 25	R \$42

Advanced Intermediate / Advanced

Development of superb groundstrokes, volleys, overhead, serve and footwork. As students progress they will focus on point construction, movement and mental toughness while continuing to strengthen form and footwork to be confident, passionate competitive players

Code	Age	Days	Time	Date	Fee	# of Lessons
DA	12-18	M/W/F	5:00-6:30PM	6/26-7/7	\$126	6
DB	12-18	M/W/F	5:00-6:30PM	7/10-7/21	\$126	6
DC	12-18	M/W/F	5:00-6:30PM	7/24-8/4	\$126	6
DD	12-18	M/W/F	5:00-6:30PM	8/7-8/18	\$126	6
DE	12-18	M/W/F	5:00-6:30PM	8/21-8/25	\$63	3



ADULT PROGRAMS

Archery

For adults 18+.

Instructor: Philip Gormley, USA Archery Certified Instructor

Archery is a really fun individual sport for adults and youngsters alike. You will learn the basics:

- How to properly load an arrow onto a bow
- How to release an arrow when shooting
- How to adjust your aim
- How to extract an arrow from your target
- How to keep score

Safety will be stressed at all times. Whistle commands will be used by your instructor during the class. Certificates will be awarded for getting a bulls-eye and/or for achieving National Field Archery Association classifications.

No personal bow use will be allowed. Only bows supplied by the instructor can be used.

Note: For safety reasons, family pets need to be left at home please.

Location: Mashpee Town Hall Field (out back)

6 sessions

Min/Max: 4/9

Day	Time	Date	Fee
W	6:15 - 7:15pm	July 12-Aug. 16	\$75



Beach Yoga

Instructor: Michelle Itzkowitz (Innerglow Yoga Cape Cod)

This course is designed to introduce students to the practice of yoga in a natural and peaceful outdoor setting, the beach. Throughout this course, students will learn yoga postures, breathing techniques, and meditation practices, while being surrounded by the soothing sounds of waves and the fresh sea breeze.

The course is suitable for students of all levels, from beginners to experienced yogis. The instructor will offer variations of postures and modifications to accommodate students' individual needs and abilities.

Location: South Cape

Day(s)	Time(s)	Date(s)	Fee
Mon & Wed	7:30-8:30am	July 3rd-July 28th	\$170
Mon & Wed	7:30-8:30am	July 31st – Aug 25th	\$170



Beginner/Intermediate Tennis

Instructor: Kathryn Olson, USPTA Professional

Lessons will include intense instruction on volley, forehand, backhand, and serving techniques. Participants will also learn how to score and play in a singles and doubles match.

Location: Mashpee Middle/High School Courts

5 weeks

Min: 4

Code	Day	Time	Date(s)	Fee
ED	Sat.	8:00-9:00am	June 24-July 22	R \$70
EE	Sat.	8:00-9:00am	July 29-Aug. 26	R \$70

Wednesday Evening Advanced Match Play

Instructor: Kathryn Olson, USPTA Professional



Location: Mashpee Middle/High School Courts

5 weeks

Min: 4

Code	Day	Time	Date(s)	Fee
ED	Wed	6:30-8:00pm	June 28-July 26	R \$70
EE	Wed	6:30-8:00pm	Aug. 2-Aug. 30	R \$70

Qi Gong

Instructor: Margie Mitchell, Lee Holden Qi Gong Certified, Retired PE Teacher

For adults and teens 16+.

In this 6-week class, you'll learn the benefits of this ancient & gentle movement practice which began in China over 3,000 years ago.

The practice of Qigong teaches us that through our breath, we can activate our Qi, our life force energy, to facilitate our body, emotion, heart and mind connection. Integrating movements and holding postures, we can enter into a relaxed and calm state with clarity of mind and compassion in our hearts. This practice helps us to stay grounded, centered and "present" as we move throughout our day. Qigong is a moving meditation.

Location: Mashpee Community Park Length: 6 classes

Day(s)	Time(s)	Date(s)	Fee
Tues	4:45-5:45PM	May 30-June 27th	\$60

Sunset Kayak Tour

For adults 18+.

Instructor: RideAway Adventures

You haven't enjoyed a true Cape Cod sunset unless you've watched it from the water. One of the most beautiful sunset scenes imaginable as we set up at the mouth of Ockway bay to enjoy the bursting color and calm that only nature can deliver.

The tour begins with a nice and easy paddle around Popponesset Island out the barrier beach called the "Spit". There we will spot a variety of birds, crabs, and discuss the barrier beach's importance to Cape Cod. As the sun starts to make it's way to the horizon we take a paddle through Popponesset Bay to the entrance of Ockway Bay where just above the tree line the sun disappears followed by an explosion of colors caught by the clouds. You can't help but relax and be in awe of this amazing world we live in.

Includes: ACA Certified Guide, & Kayak Rental Life Vests are provided or you can bring your own.

Upon Request at no Charge: Binoculars, Bird Guide and Access to Guide's Dry Bag

Location: 135 Daniels Island Rd., New Seabury Marina
Max: 6

Day	Time	Date	Fee
T	6:00 - 8:00pm	June 20th	R \$70
T	6:00 - 8:00pm	July 18th	R \$70
T	6:00 - 8:00pm	August 15th	R \$70



Learn to Stand Up Paddle Board

For adults 18+.

Instructor: RideAway Adventures

Stand Up Paddle Boarding is the fastest growing water sport in North America and there's a reason for it. It provides a very unique and subtle workout along with the ability to travel on water with an unparalleled field of vision.

Taught by one of RideAway Adventures ACA certified instructors.

Location: Lawrence Pond, 117 Stowe Rd., Sandwich (Camp Lyndon)
Max: 6

Day	Time	Date	Fee
T	4:30- 6:30pm	July 11th	R \$70
T	4:30 - 6:30pm	August 8th	R \$70

Golf - Pitch, Putt & Swing Camp for Adults

For adults 18+.

Instructor: Rick Johnson

Rick is a 41 Year PGA member, NE Section Pro for the Year, 2019 NE PGA Player Development Pro of the Year and Paul Harney Golf Professional.

- Week 1: Full Swing Instruction** - Set-up to swing, core rotation - "The blend of up and down management of arms, hand and club to body rotation", and tempo
- Week 2: Short Game Instruction** - Pitching, chipping, sand play, putting and different clubs for different shots
- Week 3:** Full swing and short game review plus on-course play!

Note: Clubs are provided if needed **Fee:** \$189

Location: Paul Harney Golf Course **Max:** 5

Each session is three, one and a half hour lessons

S#	Day(s)	Time(s)	Date(s)	Fee
3A	F	9:00-11:00am	July 7, 14, 21	\$189
3B	F	1:00-3:00pm	July 7, 14, 21	\$189
4A	F	9:00-11:00am	Aug. 4, 11, 18	\$189
4B	F	1:00-3:00pm	Aug. 4, 11, 18	\$189

Cardio Dance

Instructor: Liz Saunders



Come start 2023 off right with Cardio Dance lessons! This is a high energy class with fun choreography. Liz Saunders of *Wiser Health and Fitness* has been a personal trainer for over 9 years and combined her knowledge of dance and exercise to create Cardio Dance!

Location: Mashpee Council on Aging Multipurpose Room

Day	Time	Dates	Fee
M&W	5:30-6:30 PM	July 5-July 31st	\$66

It's all about the Bread

Instructor: John Foley



Welcome to our bread baking class! In this course, you will learn the basics of bread baking, including the key ingredients and techniques necessary to make delicious, homemade bread. No prior baking experience is necessary for this course, and all ingredients and equipment will be provided. So come join us for a fun and educational journey into the wonderful world of bread baking!

Day	Time	Dates
T	9:00-11:00 AM	July 11-Aug 1st

PICKLEBALL

All pickleball lessons will be instructed by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's five experienced and caring instructors will offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the '23 season and look forward to sharing their knowledge!

Pickleball (1.0)

Learn this fun game that is growing fast all over the country! Participants should wear loose-fitting athletic clothing and court shoes (smooth-soled sneakers with good lateral support). Paddles will be provided if needed.

**In the event of a rain cancelation, the following week will be used as a make-up.*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

Day(s)	Time(s)	Date(s)	Fee
M	5:30 - 7:00pm	July 10 & 17	R \$60
W	3:45 - 5:15pm	July 12 & 19	R \$60
M	3:45 - 5:15pm	Aug. 7 & 14	R \$60
W	5:30 - 7:00pm	Aug. 9 & 16	R \$60
M	5:00 - 6:30pm	Sept. 11 & 18	R \$60
W	3:15 - 4:45pm	Sept. 13 & 20	R \$60

Pickleball (2.0)

This course is ideal for people who have learned to play pickleball and are ready to take their play to the next level. Focus will be on topics such as shot selection, skills refinement, and positioning. Qualified participants should know the rules, how to serve and return, and how to keep score.

**In the event of a rain cancelation, the following week will be used as a make-up.*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

Day(s)	Time(s)	Date(s)	Fee
M	3:45 - 5:15pm	July 10 & 17	R \$60
W	5:30 - 7:00pm	July 12 & 19	R \$60
M	5:30 - 7:00pm	Aug. 7 & 14	R \$60
W	3:45 - 5:15pm	Aug. 9 & 16	R \$60
M	3:15 - 4:45pm	Sept 11 & 18	R \$60



Pickleball (3.0)

This class is perfect for the intermediate player interested in progressing toward a more strategic game. Focus will be on topics such as positioning, shot control and placement, introduction to non-volley zone and transition zone strategies. Qualified participants are able to sustain rallies and consistently serve and return.

**In the event of a rain cancelation, the following week will be used as a make-up.*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

Day(s)	Time(s)	Date(s)	Fee
W	2:00 - 3:30pm	July 12 & 19	R \$60
Th.	4:15 - 5:45pm	July 13 & 20	R \$60
Th.	6:00 - 7:30pm	Aug 10 & 17	R \$60
Th.	3:15 - 4:45pm	Sept 14 & 21	R \$60

Pickleball (3.5)

This class is designed for the serious player looking to develop advanced and refined strategies and techniques, both offensive and defensive. Qualified participants are attempting both drives and drops on the 3rd shot, dinking at the non-volley zone, and have consistent shot control.

**In the event of a rain cancelation, the following week will be used as a make-up.*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

Day(s)	Time(s)	Date(s)	Fee
Th.	6:00 - 7:30pm	July 13 & 20	R \$60
Th.	2:00 - 3:30pm	Aug. 9 & 16	R \$60
W	4:15 - 5:45pm	Aug. 10 & 17	R \$60
Th.	5:00 - 6:30pm	Sept. 14 & 21	R \$60

Round Robin

This 2-hour program is a fun and competitive event, which is organized by skill level. Participants will play six games with varying partners and opponents. The Round Robin will be a great way to get to know people and improve your game!

**In the event of a rain cancelation, the following day will be used as a make-up.*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 12/16

Day(s)	Time(s)	Date(s)	Fee
W	5:30 - 7:30pm	Aug. 2	R \$12
W	5:00 - 7:00pm	Aug. 30	R \$12

Non-Resident add \$3

Semi-private Pickleball Lessons (for 4 players)

Appropriate for players who already know how to play the game up to level 3.5.

Improve your game quickly. This one-hour program allows full, focused, and personalized instruction in a group setting with some friendly competition while building and refining the fundamentals.

***In the event of a rain cancelation, see below for make-up dates.**

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Max: 2/4

Date	Rain Date	Day	Program	Time	Limit
10-Jul	24-Jul	Mon	4 Person Semi	1:00 - 2:00	4
10-Jul	24-Jul	Mon	4 Person Semi	2:15 - 3:15	4
13-Jul	27-Jul	Thur	4 Person Semi	1:45 - 2:45	4
13-Jul	27-Jul	Thur	4 Person Semi	3:00 - 4:00	4
17-Jul	24-Jul	Mon	4 Person Semi	1:00 - 2:00	4
17-Jul	24-Jul	Mon	4 Person Semi	2:15 - 3:15	4
20-Jul	27-Jul	Thur	4 Person Semi	1:45 - 2:45	4
20-Jul	27-Jul	Thur	4 Person Semi	3:00 - 4:00	4
7-Aug	21-Aug	Mon	4 Person Semi	1:00 - 2:00	4
7-Aug	21-Aug	Mon	4 Person Semi	2:15 - 3:15	4
10-Aug	24-Aug	Thur	4 Person Semi	1:45 - 2:45	4
10-Aug	24-Aug	Thur	4 Person Semi	3:00 - 4:00	4
14-Aug	21-Aug	Mon	4 Person Semi	1:00 - 2:00	4
14-Aug	21-Aug	Mon	4 Person Semi	2:15 - 3:15	4
17-Aug	24-Aug	Thur	4 Person Semi	1:45 - 2:45	4
17-Aug	24-Aug	Thur	4 Person Semi	3:00 - 4:00	4

Two and a Coach: Are you interested in more personalized coaching? If so, this one-hour coaching session is perfect for you and a friend or family member! The lesson will be led by a fun and knowledgeable Straight-Up Coach and will allow full, focused, and personalized instruction for 2 players signing up for a lesson together (one slot). The participants will have the opportunity to focus on strategies and mechanics, leaving the hour with an improvement plan a sense of accomplishment.

Note: the “Two and a Coach” lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic (most beneficial) or two 4-person semi-private lessons

Date	Rain Date	Day	Program	Time	Limit
10-Jul	24-Jul	Mon	2&Coach	11:45 - 12:45	1 grp of 2
11-Jul	25-Jul	Tue	2&Coach	4:45 - 5:45	1 grp of 2
13-Jul	27-Jul	Thur	2&Coach	12:30 - 1:30	1 grp of 2
17-Jul	24-Jul	Mon	2&Coach	11:45 - 12:45	1 grp of 2
18-Jul	25-Jul	Tue	2&Coach	6:00 - 7:00	1 grp of 2
20-Jul	27-Jul	Thur	2&Coach	12:30 - 1:30	1 grp of 2
7-Aug	21-Aug	Mon	2&Coach	11:45 - 12:45	1 grp of 2
8-Aug	22-Aug	Tue	2&Coach	4:45 - 5:45	1 grp of 2
10-Aug	24-Aug	Thur	2&Coach	12:30 - 1:30	1 grp of 2
14-Aug	21-Aug	Mon	2&Coach	11:45 - 12:45	1 grp of 2
15-Aug	22-Aug	Tue	2&Coach	6:00 - 7:00	1 grp of 2
17-Aug	24-Aug	Thur	2&Coach	12:30 - 1:30	1 grp of 2
11-Sep	25-Sep	Mon	2&Coach	11:15 - 12:15	1 grp of 2

Three and a Coach: Enjoy fun, competition and long rallies while being on the court with an experienced Straight-Up Coach and two of your friends during this one-hour session! (Three people sign up in one slot.) The lesson will be personalized for your group....it could be as simple as the opportunity to play with coach feedback or more specific by having an area of focus and ending with full-court play to implement what was learned. The participants will leave the hour with a smile, an improvement plan and a sense of accomplishment.

Note: the “Three and a Coach” lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic (most beneficial) or two 4-person semi-private lessons.

Date	Rain Date	Day	Program	Time	Limit
11-Jul	25-Jul	Tue	3&Coach	6:00 - 7:00	1 grp of 3
18-Jul	25-Jul	Tue	3&Coach	4:45 - 5:45	1 grp of 3
8-Aug	22-Aug	Tue	3&Coach	6:00 - 7:00	1 grp of 3
15-Aug	22-Aug	Tue	3&Coach	4:45 - 5:45	1 grp of 3
12-Sep	26-Sep	Tue	3&Coach	5:15 - 6:15	1 grp of 3
19-Sep	26-Sep	Tue	3&Coach	4:00 - 5:00	1 grp of 3

*Follow us on social media to stay up
to date on programs*



Mashpee Recreation



Mashpeerec

Mashpee Recreation Department
520 Main Street
Mashpee, MA 02649

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